COVID-19 Guidance for Reopening Long-Term Care Facilities and Adult Care Homes

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Agenda

Introduction/Overview of Facility Plans

COVID-19 Update

Services available to you

Disease investigation protocols

Sedgwick County Phases 2 and 3; Plan elements

CMS Recommendations for Nursing Homes

CMS Reopening & CDC Testing

Q & A with presenters

Resources

Questions & Discussion

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Following the presentation, everyone will have an opportunity for comments, conversations and Q/A.

Please submit your questions to the chat box.

A separate document will be available on the Sedgwick County Health Department's website denoting participants' questions with presenters' responses.

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Introduction

Facilities can use the Sedgwick County Health Department as a resource in addition to the Sedgwick County Health Officer.

Today's webinar and guidance replace the requirement for the Sedgwick County Health Officer to review a facility's reopening plan.

Facility Plans

KDADS requires that a facility's plan include a "phased approach" to reopening that is:

- Developed in collaboration with the local county health officials, and,

- Contains a testing and cohorting plan.

Today's webinar and guidance replace the requirement for the Sedgwick County Health Officer to review a facility's reopening plan.

Facility Plans

- Should be kept on record at the facility and made available upon request to all federal, state, and local officials.

- Are not required to be approved by KDADS or the county health officer.

- Will not be collected or stored in a central repository.

Facility Plans

When consulting with the local health officer, facilities can document the method that the interaction occurred.

For example, KDADS considers acceptable the following:

- Retaining records of meetings including email, fax and telecommunication documentation.

COVID-19 Update

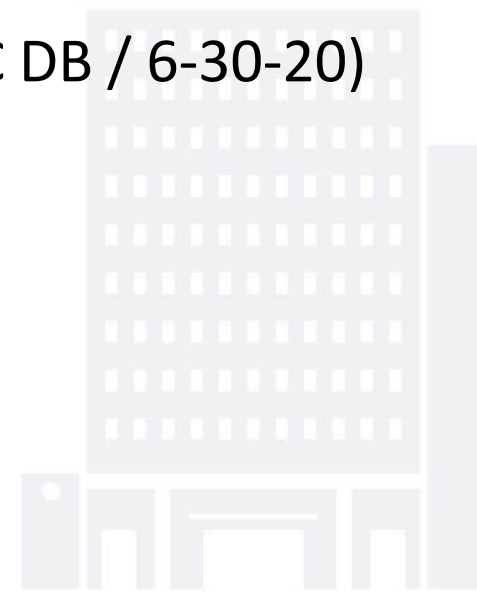**2,638,338** cases in the United States (JH/7-1-20)

14,990 cases in Kansas (KDHE / 7-1-20)

1,208 cases in Sedgwick County (SC DB / 6-30-20)

679 recovered

28 deaths

14 clusters

Services

Sedgwick County residents symptomatic for COVID-19 can be tested at <u>no charge, regardless of symptoms.</u>
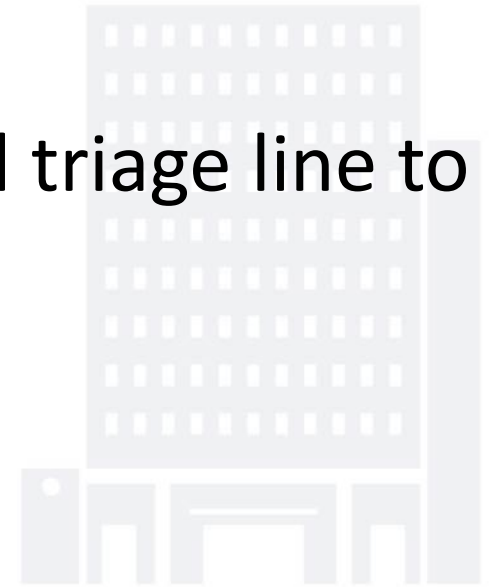
- If a staff or resident tests positive, everyone in the facility is required to be tested.

- Testing can be done by your facility or the Health Department at the main clinic at **2716 W. Central.**

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How to get tested

Dial **2-1-1** and tell the operator you work in a long-term care facility/adult care home.

You will be transferred to a medical triage line to schedule your testing.

Services

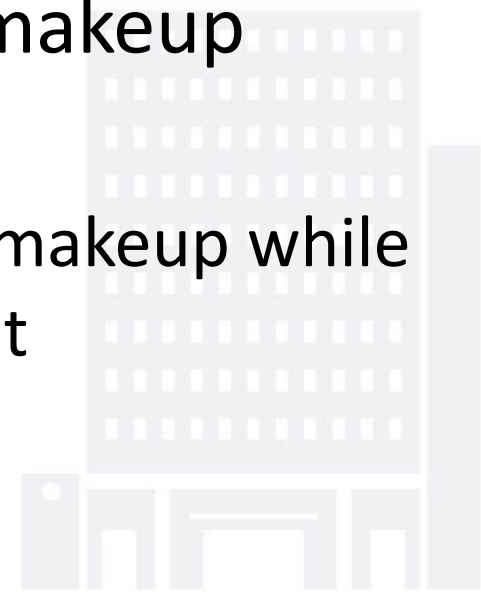Your facility can request PPE from the Sedgwick County Emergency Operations Center (EOC). https://www.sedgwickcounty.org/emergency-management/ppe-resource-request/

Complete the Burn Rate form by noon each Tuesday before EOC will issue new PPE request. https://survey123.arcgis.com/share/9e992b28e5d7480c8ff24f d5f2738fb1

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Services

N95 respirators can be decontaminated at no cost to you.

- Respirators contaminated with makeup cannot be decontaminated.

  o Staff should refrain from wearing makeup while wearing N95 respirators to prevent contamination.
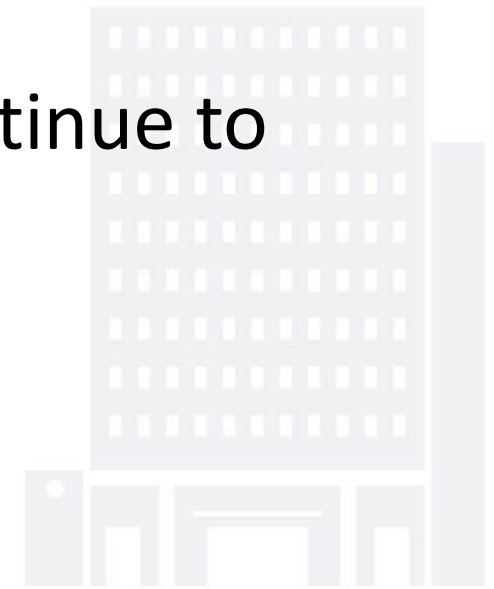
Facility Preparedness

If you have symptoms, do not go to work until test results are returned.

If you do not have symptoms, continue to practice social distancing.
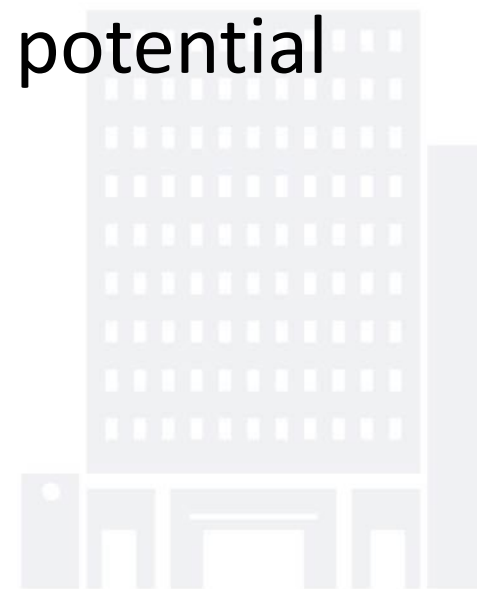
Facility Preparedness

If you test positive, stay home, isolated from others, until **72 hours** after symptoms stop or **10 days** after symptoms start - whichever is longer.

If you test positive but have no symptoms, wait **10 days** after the test date to return to work.

Disease Investigations

If a positive case is identified, Health Department staff will contact all of the case's close contacts for interviews and potential quarantine instructions.

Exposure Guidelines

If an exposure to a confirmed COVID-19 case occurs and staff is in quarantine, the staff should be tested about **7 days** after exposure.

During quarantine, a person who tests negative must still remain in quarantine for **14 days** from last exposure to a COVID-19 case.

Metrics place Sedgwick County in Phase 2.

- New cases   **122**
- New Hospitalizations   **9**
- New Deaths   **0**

Metrics are updated weekly at:

https://www.sedgwickcounty.org/covid-19/recovery-and-reopening-businesses/

Updated as of June 25, 2020

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What this means to Long-term Care facilities and Adult Care Homes?

- Visitations are generally prohibited, except for Compassionate Care situations, which are not limited exclusively to end-of-life situations.

- In those limited situations, visitors are screened, and additional precautions are taken, including:

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Sedgwick County Phase 2

Social distancing (maintain **6 foot** distance) and hand hygiene (e.g. use alcohol-based hand rub upon entry).

All visitors must wear a cloth face covering or facemask for the duration of their visit.

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Moving to Phase 3:

In person visits to long-term care facilities and adult care homes can be reinstated.

Develop and make available to families and residents a plan for reopening.

Continue screening measures and continue strict protocols : hand hygiene, require cloth masks and social distancing.

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Establish a visitation plan

- Days and Hours for visitation

- Scheduling process for visits

- PPE requirements for visitors and residents

- Requirement for screening of visitors

- Social distancing and hand hygiene requirements

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- Process for communication of the plan with residents and family members

- Type of visitation to be allowed:
  - Patio, private room, residents room, at the door, virtual

- Number of visitors allowed

- Number of visits allowed per week

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- Reporting requirement for visitors with subsequent illness within **7 days** of the visit
  - Visitors should report to the facility and the Health Department

- Establish criteria for Compassionate Care visits

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CMS Issued FAQs June 23, 2020

- "Compassionate care situations" does not exclusively refer to end-of-life situations.

- CMS cannot define each situation that may constitute a compassionate care situation.

- Consult with state leadership, families, and ombudsman, to help determine if a visit should be conducted for compassionate care.

- The reopening guidance does allow for limited flexibility for controlled visitation prior to phase three.

- Facilities can create spaces for residents without COVID-19, including those who have fully recovered, to participate in outdoor visitation sessions, such as in courtyards, on patios, or even in parking lots.

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- CMS updated Compassionate Care FAQ's on 6-23-20.

- Frequently Asked Questions (FAQs) on Nursing Home Visitation - June 23, 2020
  - https://www.cms.gov/files/document/covid-visitation-nursing-home-residents.pdf

- For technical assistance, contact CPAAA at **855-200-2372.**

Establish a mitigation plan demonstrating:

- phased in approach

- slowly relaxing restrictions

- COVID-19 testing of staff and residents

  o as determined by the CDC

- handling positive COVID-19 test results

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Use qualified staff to collect samples.

- Facilities without qualified staff should work with a health care provider to collect samples.

- If assistance is needed, contact the Sedgwick County Health Department.

Contract with a laboratory to conduct COVID-19 diagnostic testing.

The plan should consider the facility's **continuity of operations and infection control policy** based on the level of community transmission.

Each plan is a "facility-by-facility" plan.

- Today's webinar and guidance replace the requirement for the Sedgwick County Health Officer to review a facility's reopening plan.

CMS RECOMMENDATIONS

CMS recommends additional criteria for reopening nursing homes:

Nursing homes should not advance through any phases of reopening or relax any restrictions until all residents and staff have received a base-line test, and the appropriate actions are taken based on the results.

❖ This is a CMS Best Practice recommendation and not a requirement.

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CMS RECOMMENDATIONS

Nursing homes that experience a COVID-19 outbreak prior to reopening:

Institute measures to ensure the facility is adequately preventing transmission of COVID-19

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CMS RECOMMENDATIONS

A nursing home's reporting should lag behind the general community's reopening by **14 days.**

Nursing homes do not begin to de-escalate or relax restrictions until their surrounding community satisfies gating criteria and enters **Phase 2**.

CMS RECOMMENDATIONS

A nursing home should spend a minimum of **14 days** in a given phase, with no new nursing home onset of COVID-19 cases, prior to advancing to the next phase.

Phase 1 retains the highest level of vigilance and mitigation.

CMS RECOMMENDATIONS

A nursing home may be in a different phase than its surrounding community based on the:

- Status of COVID-19 inside the facility

- Availability of key elements, such as:
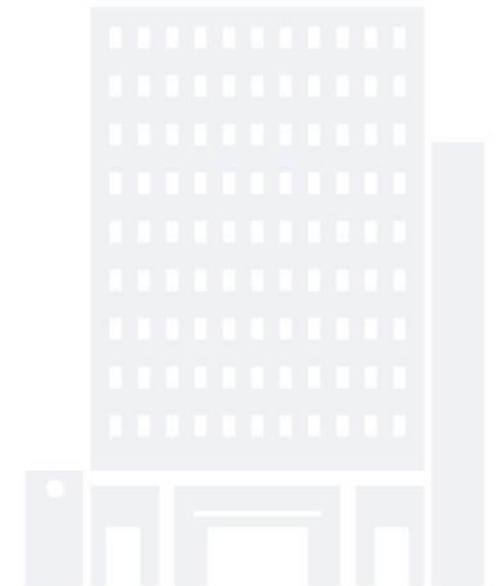 - o PPE (can be requested through COE)
  - o Testing
  - o Staffing

CMS RECOMMENDATIONS

If a nursing home identifies a new resident COVID-19 case while in any phase, that facility goes back to the highest level of mitigation (**Phase 1**), and starts over (even if the community is in **Phase 3**).

CMS RECOMMENDATIONS

Before a nursing home can relax restrictions, the facility must wait **28 days** after the last COVID-19 case recovers.

CMS reopening recommendations:

- All nursing home staff and residents receive baseline testing and weekly testing of staff thereafter.
  - ❖ This is a CMS Best Practice recommendation and not a requirement.

For the latest COVID-19 testing guidance:

- Performing Facility-wide SARS-CoV-2 Testing in Nursing Homes
  - https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-facility-wide-testing.html

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Questions?

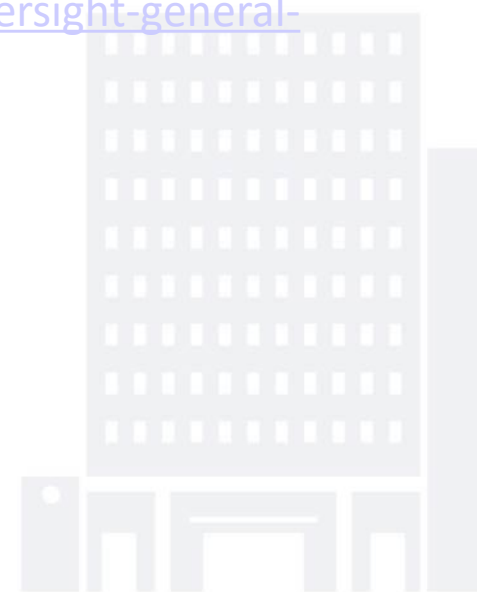Participants' questions asked in the chat box will be answered by presenters.

A separate communication containing questions and answers will be sent to Long-term Care Facilities and Adult Care Homes in Sedgwick County and made available on the Sedgwick County COVID-19 Resource page: https://www.sedgwickcounty.org/covid-19/

Resources

- Centers for Disease Control and Prevention
  - https://www.cdc.gov/coronavirus/2019-nCoV/index.html

- Centers for Medicare & Medicaid Services Coronavirus
  - https://www.cms.gov/medicare/quality-safety-oversight-general-information/coronavirus

- Kansas Department of Health and Environment
  - http://www.kdheks.gov/coronavirus/

- Sedgwick County Health Department
  - https://www.sedgwickcounty.org/

- Central Plains Area Agency on Aging
  - https://www.cpaaa.org/coronavirus-resources

7/1/20

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Resources

The webinar recording is available by clicking this link:

https://sedgwickcounty.webex.com/recordingservice/sites/sedgwickcounty/recording/playback/14bc7aeccd114ecbb0d7f17cfd93ab8a

If requested, the recording password is:
JtyWKPJ2

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Resources

The webinar recording link, slides and Q/A will also be made available on the Sedgwick County COVID-19 Resource webpage: https://www.sedgwickcounty.org/covid-19/

Resources

Facilities having follow-up questions or comments may email them to:

Susan Lee, Information and Guidance Branch Coordinator COVID-19, Sedgwick County Health Department at: Susan.Lee@sedgwick.gov.