



COVID-19 Guidance and Updates for Nursing Homes and Adult Care Homes

Presented by:

Annette Graham, Executive Director, Central Plains Area Agency on Aging

Kaylee Hervey, Epidemiology Program Manager,

Sedgwick County Health Department

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Today's presentation is being recorded.

Recording will be available at:

<https://www.sedgwickcounty.org/covid-19/covid-19-guidance-for-long-term-care-facilities/>



Introductions

Annette Graham, Executive Director

Central Plains Area Agency on Aging

Kaylee Hervey, Epidemiology Program Manager

Sedgwick County Health Department

Cody Charvat, KCEM, Operations Officer

Sedgwick County Emergency Management



Agenda

- Introductions
- Questions & Discussion
- Monthly Updates
- COVID-19 Updates/Services (Testing [NP/Saliva])
- CMS Testing/Reporting Requirements
- COVID-19 Vaccine Partnership Program
- EOC KDEM/SCHD (PPE Stopgap Program and N95 Decontamination)
- Emergency Public Health Order
 - Sedgwick County Phase 2/Metrics
- CMS/KDADS Compassionate Care, Indoor, Outdoor, Window Visitation
- Q & A with presenters/resources



Questions & Discussion

Following the presentation, everyone will have an opportunity for comments, conversations and Q/A.

Please submit your questions to the chat box.



Monthly Meetings

This forum allows Sedgwick County to:

- Provide updates
- Maintain ongoing contact
- Be responsive to needs of Nursing Homes and Adult Care Homes

Partners are invited to submit topics ideas/best practices for monthly meetings.

Next meeting is scheduled for: **December 08, 2020**



COVID-19 Update



COVID-19 Updates

9,297,353 cases in United States (JH / 11-03-2020)

89,227 cases in Kansas (KDHE / 11-02-2020)

12,671 cases in Sedgwick County (SC DB / 11-02-2020)

133 deaths in Sedgwick County (SC DB / 11-02-2020)

40 total adult care home clusters and **416** active cases



COVID-19 Services

TESTING



CMS - Nursing Facility Testing

CMS requires skilled nursing facilities to test staff and residents.

KDADS guidance issued October 27, 2020, requires nursing facilities to begin using the two-week county positivity rate published by Kansas Department of Health and Environment (KDHE) at:

<https://www.coronavirus.kdheks.gov/160/COVID-19-in-Kansas>

- The testing positivity rate by county is found by clicking the box labeled: **Nursing Home Metrics.**



CMS Nursing Facility Testing -

Kansas Department of Health and
Environment Positivity Rate: 16.8 %

<https://www.coronavirus.kdheks.gov/160/COVID-19-in-Kansas>

Rolling 14-Day Period:

Starting October 18, 2020 and
Ending October 31, 2020





CMS Final Rule on Nursing Facility Testing

Interim Final Rule (IFC), **CMS-3401-IFC**, Additional Policy and Regulatory Revisions in Response to the COVID-19 Public Health Emergency related to Long-Term Care (LTC) Facility Testing Requirements and Revised COVID-19 Focused Survey Tool:

<https://www.cms.gov/files/document/qso-20-38-nh.pdf>



CMS Final Rule on Nursing Facility Testing

CDC Guidance for SARS-CoV-2 Point-of-Care (POC) Testing

<https://www.cdc.gov/coronavirus/2019-ncov/lab/point-of-care-testing.html>

- Regulatory Requirements for POC Testing
- Who can do POC testing? Sites that perform POC testing are required to have a Clinical Laboratory Improvement Amendments (CLIA) certificate.



COVID-19 Testing Services

SCHD will provide NP swabs and/or saliva testing per CMS guidelines.

KDHE opened new reporting portal for mandated facilities via BINEX rapid test. [<https://diseasereporting.kdhe.ks.gov/>]

If facility is CMS funded and if test is positive, then individual must be NP tested within **48 hours**.



COVID-19 Testing Services

SCHD Nasopharyngeal Specimen (NP) Testing for Adult Care Homes



COVID-19 Testing Services

Sedgwick County residents with or without symptoms can be tested at no cost by calling **316-660-1022** to schedule an appointment.

Adult care home staff can be tested weekly through SCHED by dialing **316-660-1022** for an appointment.

If staff or resident tests positive, other staff and residents in the facility should be tested per SCHED and KDHE recommendations.

Test results can take **4-6** business days for SCHED result.



COVID-19 Testing Services

SCHD

**Saliva Testing
for Nursing Facilities**



COVID-19 Testing Services

Saliva testing at Clinical Reference Laboratory (CRL)

Step 1 registration at CRL via this link:

<https://www.surveygizmo.com/s3/5833896/LTC-Reg-Form>



CMS Reporting Requirements for Nursing Homes



Nursing Home CMS Reporting Requirements

All testing results are required to be reported.

- All **point-of-care** and **send out specimens** are required to be reported via the KDHE new reporting portal:

<https://diseasereporting.kdhe.ks.gov/>

KDHE reports to CMS are sent on behalf of Nursing Homes.

- All results are available to local health departments.

Facilities with questions may contact KDHE at:

kdhe.EpiHotline@ks.gov



COVID-19 Vaccine Pharmacy Partnership



COVID-19 Vaccine Pharmacy Partnership

If interested in participating pharmacy partnership, LTCFs should sign up (or opt out) starting October 19. The registration portal will remain open through November 6.

- **Skilled nursing facilities** (SNFs) will make their selection through the National Healthcare Safety Network (NHSN) (<https://www.cdc.gov/nhsn/index.html>). An “alert” will be incorporated into the NHSN LTCF COVID-19 module to guide users to the form.
- **Adult care homes** (ACHs) will make their selection via an online REDcap (<https://redcap.link/lpcf>) sign-up form.



COVID-19 Vaccine Pharmacy Partnership

Pharmacy Partnership for Long-Term Care Program for COVID-19 Vaccination https://www.kdads.ks.gov/docs/default-source/covid-19/ach-data/vaccination/program-overview.pdf?sfvrsn=bdb01ee_2

Pharmacy Partnership for Long-Term Care Program for COVID-19 Vaccination – FAQ https://www.kdads.ks.gov/docs/default-source/covid-19/ach-data/vaccination/faq---pharmacy-partnership-for-ltc-program.pdf?sfvrsn=bebe01ee_2

For questions about the Pharmacy Partnership for Long-term Care Program, please contact eocevent494@cdc.gov.



COVID-19 Vaccine Pharmacy Partnership

SCHD will be contacting facilities to determine those facilities that signed up to participate in the COVID-19 vaccine pharmacy partnership.

SCHD appreciates your response and cooperation in assisting with our collecting and planning efforts.



COVID-19 Services

REQUESTING and ORDERING PPE and N95 Respirator Decontamination Process



KDADS K.S.A. 39-923

Facilities licensed by Kansas Department for Aging and Disability Services (KDADS) may request/order PPE through the Kansas Division of Emergency Management (KDEM) Business PPE Stopgap Program.

● nursing facility	● nursing facility for mental health
● assisted living facility	● residential healthcare facility
● home plus	● intermediate care facility for people with intellectual disability
● adult day care facility	● boarding care home



COVID-19 PPE Services

Before ordering PPE from **KDEM**, facility must try to order direct from vendor(s).

If unable to purchase due to shipping delay or out of stock, facility can order through **KDEM Business PPE Stopgap** application:

<https://kdem.kansasgis.org/businessPPE>

KDEM requires evidence of unsuccessful PPE order.

- Attach “Proof of Denial” documentation indicating your facility unsuccessfully attempted to order PPE from other vendors.
- Documentation includes copies of purchase orders, invoices or remittances and states PPE is delayed or on back order.



COVID-19 PPE Services

Important Exception:

Private business or organization with immediate need of PPE for emergency life-safety measures will still be able to order those supplies through **KDEM** normal channels:

- Fill out the resource request form
- Send form to KDEM Logistics team
- Include explanation of urgent circumstances



COVID-19 PPE Services

PPE supported through the **PPE Stopgap Program** include:

- Masks and face shields
- Gowns and coveralls
- Other PPE-related requirements, such as gloves



COVID-19 PPE Services

First responders and government agencies continue to order PPE through **Sedgwick County Emergency Operations Center (SC EOC)**

Direct questions to:

- **KDEM** (use email at the end of the PPE Stopgap Program application)

SC EOC: logistics@Sedgwick.gov



COVID-19 N95 Decontamination Services

N95 Respirator Decontamination Program:

Healthcare facilities submit N95 Respirator decontamination services directly to Battelle:

<https://www.battelle.org/gf/ccds-client-logistics>

Participation in this program is still at “no cost” to facilities.



COVID-19 N95 Decontamination Services

FEMA allows N95 respirators to be decontaminated as one measure of maintaining PPE supplies.

- N95 respirators must be free of visual soiling / contamination or they cannot be decontaminated and will be discarded.
 - Must be free from blood, bodily fluids and makeup
- Facility should consider developing usage policy. Consider the following to facilitate decontamination:
 - Keep N95 respirator as clean as possible to facilitate decontamination.
 - Prohibit staff from wearing makeup while wearing N95 Respirators to prevent contamination.



Emergency Public Health Order



Local Health Officer Order

Emergency Public Health Order of the Sedgwick County Local Health Officer – Individuals and Organizations are Required to Comply

Effective: October 22, 2020, 12:01 AM

Effective through: December 09, 2020, 11:59 PM



Emergency Public Health Order

Revised to further reduce the spread of COVID-19.

Some points in the Order include:

- Residents are still required to wear face coverings or masks in public spaces, inside and outside.
- The definition of “mask or other face covering” does not include a covering that is equipped with a one-way valve or vent through which air can be exhaled.
- Exemptions are included in the document.



Emergency Public Health Order

The Order allows groups **15** or fewer individuals.

- Individuals should generally maintain **6 feet** of distance from one another.
- However, where individuals known to each other and are in one place and unable to maintain social distancing, individuals may gather in closer proximity in groups of not more than 15 people.
- Individuals are required to wear a mask within public gatherings.



Emergency Public Health Order

The Order does not limit visitation to a cap of 15 people.

- Instead, groups of 15 or fewer individuals must be located at least 6 feet in all directions from other groups of 15 or fewer individuals.
- In essence, each group would have a “bubble” of 6 feet in all directions between their group and another group.



Emergency Public Health Order

The Order adopts **Phase 2**.

- Determination of phase considers Sedgwick County positivity rate and other metrics.

The complete Order can be read at:

<https://www.sedgwickcounty.org/covid-19/local-orders/>



Sedgwick County

is in

Phase 2



Sedgwick County Phase 2

Metrics place Sedgwick County in Phase 2

Percent Positive 19.2%

Recovery Metrics	Two-week Trend	Baseline before Ad Astra		Ad Astra Phase 1		Ad Astra Phase 1.5	Ad Astra Phase 2*				Ad Astra Phase 3		Ad Astra Phase 2*									
		Week 1	Week 2	Week 1	Week 2	Week 1	Week 1	Week 2	Week 6	Week 7	Week 1	Week 2	Week 1	Week 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14
		(4/19-4/25)	(4/26-5/2)	(5/3-5/9)	(5/10-5/16)	(5/17-5/23)	(5/24-5/30)	(5/31-6/06)	(6/28-7/4)	(7/5-7/11)	(7/12-7/18)	(7/19-7/25)	(7/26-8/1)	(8/2-8/8)	(9/6-9/12)	(9/13-9/19)**	(9/20-9/26)**	(9/27-10/3)**	(10/4-10/10)	(10/11-10/17)**	Numbers Subject to change (10/18-10/24)	Numbers Subject to change (10/25-10/31)
New Deaths	Stable	5	5	7	3	2	0	2	2	2	3	6	7	10	8	5	5	5	3	4	3	3
New COVID-19 Hospital Admissions [†]	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
New Cases per 100,000 SG Residents	Increasing	16.9	17.9	7.8	12.3	6.2	8.8	14.2	87.0	126.0	133.4	145.4	120.9	118.4	55.9	73.0	85.3	83.7	104.7	131.0	186.1	227.2
New Cases	Increasing	87	92	40	63	32	45	73	447	647	685	747	621	608	287	375	438	430	538	673	956	1167
New Non-Cluster Cases	Increasing	32	43	29	9	30	45	50	430	627	652	687	558	472	265	344	387	401	489	657	939	1155
New Community Disease*** Cases	Increasing	45	56	33	17	31	45	51	445	645	666	725	579	488	278	366	435	417	507	671	949	1164
New Community Disease*** Cases per 100,000 SG Residents	Increasing	8.8	10.9	6.4	3.3	6.0	8.8	9.9	86.6	125.6	129.7	141.2	112.7	95.0	54.1	71.3	84.7	81.2	98.7	130.6	184.8	226.6
New Tests	Stable	972	1205	2210	2918	3170	2364	2367	5621	5331	5356	5537	5701	5526	6131	7309	8474	7702	7320	7267	7621	6079
New Tests per 100,000 SG Residents	Stable	190	235	430	568	617	460	461	1094	1038	1043	1078	1110	1076	1194	1423	1650	1500	1425	1415	1484	1184
New Cases Percent Positive (New case/New Tests)	Increasing	9.0%	7.6%	1.8%	2.2%	1.0%	1.9%	3.1%	8.0%	12.1%	12.8%	13.5%	10.9%	11.0%	4.7%	5.1%	5.2%	5.6%	7.3%	9.3%	12.5%	19.2%
New Community Disease Percent Positive (community disease/new test)	Increasing	4.6%	4.6%	1.5%	0.6%	1.0%	1.9%	2.2%	7.9%	12.1%	12.4%	13.1%	10.2%	8.8%	4.5%	5.0%	5.1%	5.4%	6.9%	9.2%	12.5%	19.1%

* Weeks 3 through 5 from Ad Astra Phase 2 (May-July) and Week 3 through Week 6 from Ad Astra Phase 2 (July-October) due to space constraints

**Due to lag in reporting, positive tests and COVID-19 deaths from these weeks were added on 11/2.

***Community disease excludes contained cluster cases (i.e., long-term care and correctional facility residents).

† Hospital admission data are under review and will be updated soon.



Sedgwick County Phase 2

The Sedgwick County metrics are updated weekly and available on the Sedgwick County COVID-19 Resource website at:

COVID-19 Metrics: <https://www.sedgwickcounty.org/covid-19/covid-19-metrics/>



Updates on Visitation

Annette Graham, Executive Director, Central Plains Area Agency on Aging will present updates on visitation.



KDADS – Amended Instructions

KDADS previously instructed facilities to use KDHE’s school gating metrics in guidance on 09/23/2020.

KDADS has amended those instructions to reflect that facilities should use the **two-week county positivity rate published by KDHE**. This information is available at:

<https://www.coronavirus.kdheks.gov/160/COVID-19-in-Kansas>

KDADS advises adult care homes to utilize the KDHE positivity rate when making facility *re-opening and visitation plans*.



KDADS - Visitation Guidance for Long-term Care Settings

Guidelines for all long-term care settings, including: nursing facility, assisted living, board care home, home plus, residential health care facilities.

Types of visitation:

- Compassionate Care
- Indoor
- Outdoor
- Window

https://www.kdads.ks.gov/images/default-source/ach-covid/new-visitation-guidelines-what-to-expect-now.jpg?sfvrsn=185101ee_0



KDADS - Nursing Facility Visitation Guidelines

- Guide for family members and residents on what to expect when visiting
- Visitation according to facilities' environment and residents' needs
- Follow strict protocols on reducing risk and preventing spread of COVID-19.

New Nursing Facility Visitation Guidelines:

What to Expect When You Visit

A guide for residents and families as visiting facilities in Kansas implement new guidance for visitation rules since September 17, 2020. By the Centers for Medicare and Medicaid Services to address psychosocial needs.

Communication Is Key.

Your loved one has the right to visit. The facility can limit access to protect your loved one and other residents. This balance is difficult, requiring close cooperation between families and friends of residents and the facility administrators.

First Steps.

Call ahead and talk to the administration of the facility where your loved one lives:

- Ask about their plan to reopen to visitors
- What kind of visits can happen and how – indoor, outdoor?

Visit Protocols.

Visitation can be conducted differently based on the facility's environment and residents' needs. For example, visits could take place in resident rooms, dedicated visitation spaces, outdoors, and for circumstances beyond compassionate care situations. Regardless of how visits are conducted, there are certain core principles and best practices facilities should implement to reduce the risk of COVID-19 transmission, such as:

- Screening visitors for signs and symptoms of COVID-19 (temperature checks, questions about symptoms) and denial of entry for those with signs or symptoms
- Hand hygiene
- Face covering or mask
- Social distancing at least 6 feet between persons
- Appropriate staff use of personal protective equipment (PPE)
- Resident and staff testing as required by CMS guidelines



Outdoor Visits.

While taking a person-centered approach and adhering to the core principles of COVID-19 infection prevention, CMS prefers non-residential visitation. You can reduce the risk of transmission whenever practical. Outdoor visits pose a lower risk of transmission due to increased space and airflow.



Indoor Visits.

Facilities in counties with low or medium prevalence rates (0% or less) should accommodate and support indoor visitation, including visits for reasons beyond compassionate care situations, based on the following guidelines:

- No new onset of COVID-19 cases in the facility in the last 14 days and not currently conducting outbreak testing
- Visitors are able to adhere to core principles and staff are monitoring for those who have difficulty adhering to core principles, such as children
- Limit the number of visitors per resident at one time and limit the total number of visitors in the facility at one time (based on the size of the building and physical space)
- Limit movement in the facility

Compassionate Care Visits.

Allowing a visit in these situations would be consistent with the intent of compassionate care situations:

- A recently admitted resident who was living with their family before struggling with the change in environment and lack of physical family support
- A resident who is grieving after a friend or family member recently passed away
- A resident who needs cueing and encouragement with eating or drinking, previously provided by family and/or caregiver(s), experiencing weight loss or dehydration
- A resident who used to talk and interact with others, is experiencing continued distress, isolation, spending, or crying more frequently





KDADS - Nursing Facility Visitation Guidelines

Visitation incorporates person-centered approach and adheres to core principles of COVID-19 infection prevention.

- **Outdoor/Window** – pose lower risk of transmission due to increased space and airflow
- **Indoor** – occurs in facilities with low to medium county positivity rate and includes visits beyond compassionate care



KDADS - Nursing Facility Visitation Guidelines

Outdoor visitations allowed with all precautions even during high county positivity rate:

- Screen all visitors for symptoms of COVID-19
- Residents and visitors wear a cloth face covering or facemask for the duration of their visit
- Practice social distancing
- Perform hand hygiene (e.g., use alcohol-based hand rub upon entry)



KDADS - Nursing Facility Visitation Guidelines

For outdoor/window visits:

- Conduct in manner to reduce COVID-19 transmission and increase prevention measures
- Provide sufficient space



KDADS - Nursing Facility Visitation Guidelines

For indoor Compassionate Care visits, during any phase, facilities determine when Compassionate Care visits are appropriate, which includes, but is not limited to:

- The resident is in hospice care.
- The resident's illness/disease is worsening or life threatening.
- The resident is exhibiting significant decline physically or mentally.
- The resident is withdrawing, no longer eating, showing signs of significant depression as a result of loss of contact with family members.



CMS - Nursing Facility Visitation Guidelines

Per CMS, when county positivity rates exceed **10%**, indoor visitations are not allowed except for Compassionate Care.



Visitation Guidance

Visitors with subsequent illness within **7 days** of the visit should report their illness to the nursing facility and/or the adult care home and to the Sedgwick County Health Department.



Visitation Guidance

Healthcare resources facilities should review

- CMS guidance that mandates nursing facilities (includes nursing homes) to provide for visitation - (**QSO-20-39-NH**) on September 17, 2020:

<https://www.cms.gov/files/document/qso-20-39-nh.pdf>

- KDADS - Visitation Guidance for Long Term Care Settings (includes: Assisted Living, Board Care Home, Home Plus, Nursing Facility and Residential Health Care Facilities):

https://www.kdads.ks.gov/docs/default-source/covid-19/hoc/visitation-guidance-for-long-term-care-settings.pdf?sfvrsn=cdbc01ee_2



RESOURCES



Resources

Centers for Disease Control and Prevention <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Centers for Medicare & Medicaid Services Coronavirus

<https://www.cms.gov/medicare/quality-safety-oversight-general-information/coronavirus>

Kansas Department of Health and Environment <http://www.kdheks.gov/coronavirus/>

Kansas Department of Emergency Management <https://www.cpaaa.org/coronavirus-resources>

Sedgwick County Health Department <https://www.sedgwickcounty.org/>

Central Plains Area Agency on Aging <https://www.cpaaa.org/coronavirus-resources>

Strategies to Mitigate Healthcare Personnel Staffing Shortages <https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html>

Strategies for Managing a Surge in Healthcare Provider Demand

<https://files.asprtracie.hhs.gov/documents/healthcare-workforce-strategies-for-managing-a-surge-in-healthcare-provider-demand.pdf>



Resources

Past webinars presented to Long-Term Care Facilities and Adult Care Homes may be viewed on the *Sedgwick County COVID-19 Resource webpage*:

<https://www.sedgwickcounty.org/covid-19/covid-19-guidance-for-long-term-care-facilities/>



Resources

Facilities having follow-up questions or comments may email them to:

Susan Lee

Information and Guidance Branch Coordinator - COVID-19

Sedgwick County Health Department

Susan.Lee@sedgwick.gov



**This concludes today's presentation.
Thank you for participating.**

Next is Q&A



Questions?

Participants' questions asked in the chat box will be answered by presenters.

Next Webinar: December 8, 2020