



Sedgwick County Health Department

2020 CHIP Annual Report

2020-22 COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)
SEDGWICK COUNTY HEALTH DEPARTMENT
WRITTEN BY: DAISY URBINA, MHA, COMMUNITY HEALTH ANALYST

2020

Executive Summary:

The 2020-22 Community Health Improvement Plan (CHIP) provides a comprehensive, three-year strategy with county-specific key health issues and goals for improving the health of Sedgwick County Residents. A Community Health Assessment (CHA) is completed every three years as a precursor to the development of the CHIP. In collaboration with community partners under the guidance of the CHA/CHIP Steering Committee, three key health issues were selected **Mental Health, Healthcare Access, and Substance Misuse** to address in the 2020-22 CHIP. Four overarching goals were selected to address the three health issues. They are:

1. Increase community knowledge of health-related services and resources through education.
2. Increase the use of evidence-based screening tools for substance misuse and mental health in health service delivery systems.
3. Improve referral network and service integration between Sedgwick County community partners.
4. Reduce suicide death numbers in high-risk populations.

See 2020-22 CHIP report for organizations involved in the creation and ongoing efforts of the 2020-22 CHIP for Sedgwick County.

2020-22 CHIP for Sedgwick County

2020 Annual Report

The 2020 Annual Report shows the data for the January through December 2020 CHIP among all the partners working on the 2020-22 CHIP. This report serves as a progress update to partner organizations and Sedgwick County community residents on the four overarching goals of the plan. Each overarching goal has a designated workgroup where community partners come together and work to achieve the activities, strategies, and outcomes. Due to COVID-19 in 2020, the Sedgwick County Health Department (SCHD) and partners convened a limited number of CHIP meetings. Each overarching goal selected to address the three health issues is discussed below. See Appendix A for Definition of Abbreviations.

Short-Term Outcomes that are meeting or exceeding their target goal are denoted with the following symbol:



Overarching Goal #1: Increase community knowledge of health-related services and resources through education.

Long-Term Goal:

- By 2026, reduce the number of non-emergency low acuity, non-acute Emergency Department visits by 5% (2019 data = 676 per 100,000 residents).
- By 2026, increase the percent of Sedgwick County adults who identify with a health care provider by 5% (2019 data = 77.9%).

#	Short Term Outcomes	Strategies	Activities
1 	By 2023, increase the number of contacts to UW 211 about mental health, healthcare, or substance misuse services from priority ZIP Codes (located in the Wichita area) by 20%.	Expand or establish a comprehensive resource guide for use by providers, partners, and community residents	Partner with United Way of the Plains (UW) to improve and increase access to UW 211 service Promote the SG Drug Misuse Information website among partners and residents
2	By 2023, increase the rate of participation in evidence-based prevention and other programs by 50%.	Implement or expand evidence-based prevention including culturally grounded programs for all age groups	Identify programs, increase awareness of such programs, and explore possibility of expanding programs by addressing any barriers that may affect expansion.

Progress

Short-term outcome #1:

To increase the number of contacts to United Way of the Plains (UWP) 2-1-1 about mental health, healthcare, or substance misuse services from priority ZIP Codes in Wichita by 20% by 2023.

- In 2019, there were 513 calls.
- In 2020, the number of calls increased to 697. This is a 26.4 percent increase.

With the help of our community partners, we also continue to promote the Sedgwick County Drug Misuse information website among partners and residents.

- In 2019, there were 256 views.
- In 2020, it reached 7,253 views. This is a 96.5 percent increase.

Short-term outcome #2:

To increase the rate of participation in evidenced-based prevention programs by 50%. SCHED has identified the following two evidenced based programs: Safe Sleep offered by the KIDS Network and Botvin Life Skills offered by Safe Streets.

- In 2019, Botvin Life Skills had 68 participants.
- In 2020, Botvin Life Skills had 0 due to COVID-19.
- In 2019, Safe Sleep conducted Community Baby Showers and there were 296 participants.
- In 2020, Safe Sleep conducted virtual crib clinics due to COVID-19 and there were 53 participants.

Next Steps:

The Community Health Analyst, along with community partners will work to bring more partners on to the workgroup to continue to increase access and awareness of UWP 211 and identify more evidenced-based programs in Sedgwick County. The SCHED Community Health Analyst along with the help of community partners will conduct a survey of organizations to identify what challenges there are with providing UWP resources. The survey will identify if another comprehensive resource guide is needed. SCHED and community partners continue to look for more evidenced-based programs we can highlight.

Overarching Goal #2: Increase the use of evidence-based screening tools for substance misuse and mental health in health service delivery systems.

#	Short Term Outcomes	Strategies	Activities
1	By 2023, 13 organizations (5 medical practices, 3 FQHC's, and 5 other organizations) will implement screening tools for mental health.	Increase the use of screening tools for mental health in Sedgwick County	
2	By 2023, 13 organizations (5 medical practices, 3 FQHC's and 5 other organizations) will implement screening tools for tobacco dependence.	Increase the use of screening tools for tobacco dependence in Sedgwick County	
3	By 2023, 13 organizations (5 medical practices, 3 FQHC's and 5 other organizations) will implement SBIRT for substance misuse.	Increase the use of SBIRT for substance misuse in Sedgwick County	

Progress

In 2020, the workgroup worked on the final steps to identify activities to complete the strategies. Partners identified coalitions/organizations to reach out to invite to the workgroup.

Next Steps:

To reengage partners and identify activities to reach the short- term outcomes by 2023.

Overarching Goal #3: Improve referral network and service integration between Sedgwick County partners.

#	Short Term Outcomes	Strategies	Activities
★	By 2023, increase the number of programs that have sent/received a referral on IRIS by 50%. (2019 data=10)	Expand a referral system through increasing awareness, conducting trainings, and recruiting organizations	<ul style="list-style-type: none"> Integrated Referral and Intake System (IRIS) implementation (IRIS training on August 14, 9 am), Mental Health and Substance Abuse coalition of Sedgwick County are discussing universal releases that will improve referrals and information sharing.
★	By 2023, increase referrals between programs on IRIS by 50%. (2019 data=587)	Expand a referral system through increasing awareness, conducting trainings, and recruiting organizations	<ul style="list-style-type: none"> Partner with entities that have such programs to help with recruitment and creating awareness.
★	By 2023, increase the number of community partners that are super implementers by 8.	Expand a referral system through increasing awareness, conducting trainings, and recruiting organizations	<ul style="list-style-type: none"> Super implementers are defined as an organization that sends/recieves a minimum of 10 referrals per quarter or 40 referrals per year.
4	By 2023, Increase the number of certified medication assisted treatment (MAT) providers in Sedgwick County by 20%. (2019 data= 32)	Increase Knowledge about MAT use among Sedgwick County providers	<ul style="list-style-type: none"> Anti-stigma training for providers Work with provider to breakdown barriers to obtaining buprenorphine (Suboxone) waiver (BUP)

Progress

Short-term outcome #1:

To increase the number of programs that have sent/received a referral on IRIS by 50% by 2023.

- In 2019, 10 programs made a referral in IRIS.
- In 2020, 34 programs made referrals in IRIS. This meets the goal of increasing by 50%.

Short-term outcome #2:

To increase referrals between programs on IRIS by 50% by 2023.

- In 2019, organizations made 587 referrals between programs in IRIS.
- In 2020, there were 617 referrals between programs in IRIS. This was a 5% increase from 2019.

Short-term outcome #3:

To increase the number of community partners that are super implementers by eight. Super Implementers are defined as an organization that sends/receives a minimum of 10 referrals per quarter or 40 referrals per year.

- In 2019, there were 0 super implementers.
- In 2020, there are 13 organizations identified as super implementers.

Short-term outcome #4:

To increase the number of certified medication assisted treatment (MAT) providers in Sedgwick County by 20% by 2023.

- In 2019, 32 were identified.
- In 2020, the number of MAT providers continues at 32.

Next steps

Partners in the workgroup will work on increasing awareness of IRIS and connecting potential organizations with the IRIS Program Manager which align with the strategies of the CHIP. The Community Health Analyst will also connect with providers who are trained in MAT and work towards creating action steps to increase the number of MAT providers.

Overarching Goal #4: Reduce suicide death numbers in high priority populations.

#	Outcomes	Strategies	Activities
1	By January 1, 2023, decrease the number of deaths by suicide by 20% in high-risk populations (e.g. middle-aged white men).	Expand the use of evidence-based suicide prevention/postvention practices	<ul style="list-style-type: none"> Joint marketing efforts Question Persuade Refer (QPR) Zero suicide framework system (Suicide Prevention Coalition is working on this)
2	By 2023, decrease the number of self-induced firearm deaths by 20% in high-risk populations (e.g. middle-aged white men).	Increase community knowledge of safe storage and making our community safer	<ul style="list-style-type: none"> Joint marketing efforts Training and education in male dominant groups/workplaces/gun ranges or shops, etc.
3	By 2023, increase the rate of participation in evidence-based training programs by 50%.	Increase knowledge of mental health and suicide through training	<ul style="list-style-type: none"> #we support u; suicide prevention program training Training on crisis intervention and referral (ASIST, MHFA, CALM, etc.) Mental wellness training during new employee orientation

Progress

Short-term outcome #1:

To decrease the number of deaths by suicide in high-risk populations such as middle-aged white men by 20% by 2023.

- In 2019, Sedgwick County had 87 deaths in the high-risk population.
- In 2020, Sedgwick County had 30 deaths in the high-risk population. This is a 65% decrease.
- Note that the total deaths by suicide in Sedgwick County numbered 94 in 2019 and 105 in 2020.

Short-term outcome #2:

To decrease the number of self-induced firearm deaths by 20% in high risk populations like middle-aged white men by 2023.

- In 2019, there were 42 deaths.
- In 2020, there were 19 deaths. This is a 54% decrease.
- In August of 2020, a campaign called Ichoosetotalk was started to provide resources and in effort to decrease suicide. This campaign is supported by Stop Suicide ICT and The Sedgwick County Suicide Prevention Coalition.

Short-term outcome #3:

To increase the rate of participation in evidenced-based training programs: wesupportu, ASIST, MHFA, and CALM by 50% by 2023. All of these programs were affected by COVID-19 but continue to be offered either in person or in small groups.

- In 2019, wesupportu had 289 participants.
 - In 2020, wesupportu had 437 participants. This is a 51% increase.
- In 2019, ASIST had 90 participants.
 - In 2020, ASIST had 0 due to COVID-19.

- In 2019, MHFA had 259 participants.
 - In 2020, MHFA had 104 participants.
- In 2019, CALM had 0 participants.
 - In 2020, CALM had 100 participants.

Next steps

Community partners will work on increasing awareness of evidenced-based programs offered to increase knowledge of mental health and suicide through training. The Community Health Analyst will continue to collaborate with the Sedgwick County Suicide Prevention Coalition to work on expanding the use of evidenced-based suicide prevention/postvention practices and making the community safer.

Appendices

Appendix A: Definition of abbreviations

- ASIST- Applied Suicide Intervention Skills Training
- CALM- Counseling on Access to Lethal Means Training
- CHA – Community Health Assessment
- CHIP- Community Health Improvement Plan
- IRIS – Integrated Referral and Intake System
- MAT – Medication Assisted Treatment
- MHFA- Mental Health First Aid Training
- UW- United Way of the Plains

