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SEDGWICK COUNTY, KANSAS
COMMUNICATIONS

NEWS

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April 1, 2005

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FOR IMMEDIATE RELEASE

Sedgwick County Health Department to Observe National Public Health Week

(Sedgwick County, Kansas) – During National Public Health Week, April 4-7, the Sedgwick County Health Department will promote the three Ps -- adding more healthy years to life: Prevent, Protect and Plan. The Sedgwick County Health Department is promoting important public health topics each day.

Monday, April 4: Immunizations are one of the top ten public health achievements of the last 100 years and have contributed to protecting lives. The Health Department reminds adults that everyone should have a Tetanus (TD) booster every 10 years and these are available at the Health Department.

Tuesday, April 5: Oral health is important to the health of the whole body. Almost three in ten adults over age 65 have lost all of their teeth due to tooth decay and gum disease. On Tuesday, all Health Department clients will receive an oral health kit with a toothbrush, toothpaste, and floss.

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Wednesday, April 6: The Board of County Commissioners will proclaim that it is National Public Health Week. Watch for an insert in the Wichita Eagle challenging individual to take charge of their health and informing them about how the Health Department protects, prevents, and plans for the health of the community. Nutrition is an important component of healthy life. Since apples promote oral health and are high in fiber, vitamin C and potassium, we will be giving apples to every Health Department client on Wednesday.

Thursday, April 7: In an effort to increase wellness in our community and raise awareness about public health issues, the Sedgwick County Health Department is inviting everyone to take a walk at work or wherever you are on Thursday, April 7th. Sedgwick County Health Department staff will be walking at 10:00 am, but all are encouraged to take a walk at a time that fits your schedule: lunch, a break, before or after your shift. The Health Department invites everyone to **register your walk on our website** at www.sedgwickcounty.org.

Friday, April 8: Public Health Emergency Management plans to protect the health of our community. Go to www.sedgwickcounty.org to learn how to get involved with the Medical Reserve Corps, learn about Metropolitan Medical Response System, and find your Neighborhood Distribution Center—a designated facility that would be set up quickly in the event of a public health emergency where pharmaceutical and medical supply distribution is necessary.

“Public Health Week is a great reminder to all citizens in Sedgwick County that your health matters,” said Sedgwick County Commission Chairman Dave Unruh.

The Sedgwick County Health Department is dedicated to providing quality health services for the citizens of Sedgwick County. To learn more about the services available, visit our website at www.sedgwickcounty.org or call 660-7300.

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