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SEDGWICK COUNTY, KANSAS
COMMUNICATIONS

NEWS

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FOR IMMEDIATE RELEASE

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**SEDGWICK COUNTY HEALTH DEPARTMENT AND THE HEALTH AND WELLNESS
COALITION OF WICHITA ANNOUNCE HEALTHY YOUTH AWARD**

(Sedgwick County, Kansas) – Despite many reports and news stories regarding obesity in America’s youth, there are numerous young people who choose a healthy lifestyle through physical activity and good nutrition. The Health and Wellness Coalition of Wichita, along with the Sedgwick County Health Department, want to celebrate those youth and have created an award to do so.

The award will be given to 15 youth who submit a picture and a 250-word essay describing why the picture depicts something that helps them be physically active or eat well, or how the object in the picture motivates them to live a healthy lifestyle. Winners will receive a gift card to a sporting goods store of their choosing. There are three age categories for the contest: six to nine years, 10 to 14 years, and 15 to 18 years.

Any youth who is age six to 18 may apply. They must submit an application that can be found at www.sedgwickcounty.org or www.hwcwichita.org. A full application includes the cover sheet, one photo and a 250 word essay (double spaced, 12 point type with one-inch margins). Photos must be in a digital format that can be e-mailed. Faxed applications will not be accepted.

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Applications are due **September 8, 2008**. Winners will be selected by September 30.
Applications and questions should be directed to:

Mim Wilkey
Health & Wellness Coalition
402 N. Market
Wichita, KS 67202
316-264-4066 ext. 258
mim@wichitaymca.org

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