SEDGWICK COUNTY, KANSAS

SHERIFF'S OFFICE
GARY STEED
Sheriff

141 WEST ELM * WICHITA, KANSAS 67203 * TELEPHONE: (316) 383-7264 * FAX: (316) 383-7758

MEDIA RELEASE **FOR IMMEDIATE RELEASE**

DATE: APRIL 28, 2005

AGENCY: SEDGWICK COUNTY SHERIFF'S OFFICE

LOCATION: 525 N. MAIN, WICHITA KANSAS 67203

TELEPHONE: (316) 383-7184

CONTACT: DEPUTY KELVIN HICKS OR SGT. GARY FARTHING

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THE SEDGWICK COUNTY SHERIFF'S OFFICE HOSTS 4TH ANNUAL HIGH SCHOOL POWER-LIFTING CONTEST

THE SEDGWICK COUNTY SHERIFF'S OFFICE WILL HOST A COUNTYWIDE HIGH SCHOOL POWER LIFT COMPETITION FOR HIGH SCHOOL STUDENTS. THE EVENT WILL TAKE PLACE SATURDAY, APRIL 30, 2005, BEGINNING WITH WEIGH IN AT 8:00 A.M., AT EAST HIGH SCHOOL, 2301 EAST DOUGLAS, WICHITA, KS. THE COMPETITION WILL BEGIN AT 10:00 A.M.

THE POWER LIFTING COMPETITION IS A POSITIVE ALTERNATIVE TO DRUGS AND VIOLENCE. IT ALSO IS ANOTHER WAY FOR YOUTH AND LAW ENFORCEMENT TO INTERACT. BOYS AND GIRLS WILL BOTH BE COMPETING IN BENCH PRESS, SQUAT AND DEAD LIFT WITH TEN WEIGHT CLASSES. MEDALS WILL BE AWARDED FOR 1ST, 2ND AND 3RD PLACE FOR EACH EVENT. A TROPHY WILL BE AWARDED TO THE OVERALL WINNER IN BOTH THE BOYS AND GIRLS COMPETITION. EVERY PARTICIPANT WILL RECEIVE AN EVENT T-SHIRT.

NEWS MEDIA IS ENCOURAGED TO ATTEND.

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