



...for  
families



...for  
friendships



...for  
self  
esteem

...for  
ME!

DOES YOUR  
CHILD HAVE...

...trouble following directions,  
playing with others, making and  
keeping friends? Have you been  
asked to find alternative child care  
due to their disruptive behaviors?



## IF YOU ANSWERED 'YES'

**PROUD OF ME** is a program for young children ages 2 1/2 to 5 years old who have challenging behaviors at home, at preschool or child care, or in the community.

The purpose of the program is to provide a supportive environment where children can develop and practice the social, emotional and behavioral skills needed to succeed in school, at home and in the community.

**PROUD OF ME** is designed to work in conjunction with academically based preschools.

**PROUD OF ME** has morning and afternoon programs operating Monday through Wednesday. Children generally attend for 12 months, however, length of service and frequency of service per week are both based on each child's individual needs.

TOGETHER, WE CAN REACH YOUR GOALS!

**PROUD OF ME** teaches children self control, conflict resolution, problem solving skills and more to encourage healthy social and emotional development. "Conscious Discipline" by Dr. Becky Bailey is the foundation for the program interventions.

Children will receive:

- Development of new interpersonal skills through structured therapeutic interventions and activities.
- Opportunities to practice their new skills in a peer group with staff support and guidance.




## IS MY CHILD ELIGIBLE?

Children ages 2 1/2 to 5 years old who have serious social, emotional or behavioral problems that cause serious disruption to family, preschool, child care or other community relationships may be eligible. Eligibility will be determined by a qualified mental health professional at COMCARE of Sedgwick County. Children must be residents of Sedgwick County to be considered for admission to **PROUD OF ME**.

**NO ONE WILL BE TURNED AWAY BASED ON INABILITY TO PAY**

COMCARE of Sedgwick County will work with families to find and access resources. Some methods of payment include private insurance and Medicaid.

 Sliding scale fee based on income

**WHO CAN I TALK TO?**

**PROUD OF ME** information and contact:

COMCARE Children's Services - 316-660-9605

# PROUD OF ME



## ADDITIONAL PROGRAM SERVICES

**Case Management:** As part of the program, each child will receive a case manager to coordinate the treatment team and advocate for the child and family.

**Attendant Care:** Children can receive individual support and assistance with meeting goals at school, in the home, and in the community.

**Therapy:** Families can choose to participate in individual and/or family therapy. Therapy services may be coordinated through your child's case manager.

**Parent Coaching and Parenting Classes:** The case manager includes the parent in coaching sessions with the child to help the parent learn the therapeutic interventions utilized in the **PROUD OF ME** program. Parenting classes are also available to help parents learn new ways to manage their child's behaviors and help their child progress toward treatment goals.



## WHAT PARENTS ARE SAYING

"I don't know where I would be without **PROUD OF ME**. It made our family better and taught us how to act in situations, as well as with our child."

"Our family became a team to improve the home and school experience."

"The **PROUD OF ME** program is an excellent program and truly benefits everyone and brings you closer!"

Crisis Intervention Services  
Suicide Prevention Services  
934 N. Water, Wichita, KS 67203  
24 Hours/7 Days - 316-660-7500

For First Appointment  
call 316-660-9605

[www.sedgwickcounty.org](http://www.sedgwickcounty.org)



**COMCARE**  
A Licensed Community Mental Health Center

*Sedgwick County...  
working for you*