Depression Can Be FATAL.

- Every 12 minutes, someone in the US dies from suicide.
- Suicide is the 10th leading cause of death in America.
- After cancer and heart disease, suicide accounts for more years of life lost than any other cause of death.

BUT...HELP IS AVAILABLE.

KNOW THE SIGNS. GET HELP.

24-hour Community Crisis Center 316-660-7500
TAKE IT SERIOUSLY.

KNOW THE SIGNS. GET HELP.

- **BEHAVIOR:** Increased alcohol/drug use. Isolation from family and friends. Sleeping too little/too much. Withdrawing from activities.

24-hour Community Crisis Center

www.sedgwickcounty.org

Sedgwick County... working for you

316-660-7500