Who do we serve?

- Women who are pregnant and those with babies less than 3 months of age
- Those living in Sedgwick County
- Priorities:
  - Those residing in our targeted zip codes: 67205, 67208, 67209, 67213, 67214, 67216, 67217 and 67218
  - First-time moms
  - Teen moms
  - Minority moms

How do you sign up?

- Complete a referral and send via:
  - Fax: 316-660-0997
  - Email: healthy.babies@sedgwick.gov
  - In Person: 1500 E. 9th St. N, Wichita, KS 67214
- Call 316-660-7433 to complete a referral over the phone

Why Healthy Babies?

- A Healthy Baby!
- Social support
- Education & knowledge
- Self-empowerment
- Parenting confidence
- Decrease preterm deliveries
- Decrease low birth weight babies
- Decrease infant mortality

Healthy Babies Program

Address: 1500 E. 9th St. N, Wichita, KS 67214
Phone: 316-660-7433  Fax: 316-660-0997
Email: healthy.babies@sedgwick.gov
Web: www.sedgwickcounty.org

Sedgwick County... working for you
Healthy Babies is an educational program for prenatal and parenting families, with no out-of-pocket expense to the participant. Registered nurses and community liaisons provide education and family support through home and office visits. Providers are also available at community clinics to accompany clients to well-child visits and assist with navigation through the healthcare system. Moms who participate in Healthy Babies can earn incentives by reaching various milestones throughout their time in the program.

While pregnant, clients will meet with one of our providers once a month to address any questions/concerns, and be that extra support throughout the pregnancy. After delivering the baby, providers will meet clients 10-12 times over the first two years of the child’s life. The provider will ensure that mom and baby are adjusting well, check the development and growth of the baby, address questions/concerns, and discuss various educational topics with parents. Providers are even able to support parents by attending well-child visits!

### What educational topics do they cover?

- Preterm labor signs/symptoms
- Family planning
- Breastfeeding
- Safe sleep
- Infant growth/development
- Labor and delivery
- Parenting skills
- Car seat safety
- Immunizations
- STDs
- Effects of substance abuse on pregnancy