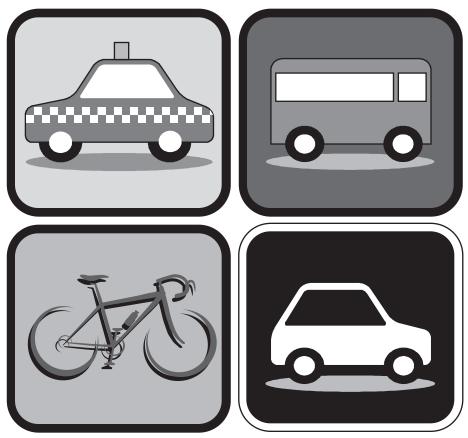
# **COMMUNITY MOBILITY GUIDE**

## Sedgwick County, Kansas



April 2013

Provided by Sedgwick County Department on Aging Transportation Program Partially funded by Kansas Department of Transportation and Paratransit Council, Inc.



Sedgwick County... working for you

# **Community Mobility Options**

Community mobility is essential in meeting basic needs for health and wellness. This engagement and connection to the community allows access to medical care, social services, food and other needs, as well as relatives and friends. An individual may maintain this link many ways including bicycling, driving and public transit. This Community Mobility Guide for Sedgwick County was developed to explore options that best suit your needs or the needs of a family member or friend.

#### If you have any questions, please contact:

#### SEDGWICK COUNTY DEPARTMENT ON AGING

Transportation Program 2622 W. Central, Suite 500 Wichita, KS 67203

> (316) 660-5150 1-800-367-7298

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# **Bicycle Paths**

The City of Wichita maintains more than 60 miles of safe, enjoyable bicycle paths. Information on these paths can be found on their website at <u>www.wichita.gov/CityOffices/Park/Bicycling</u>. Other information on the website includes bicycle-related laws and how to maintain your bicycle properly.

# **Driver Resources**

Most individuals share a common goal of driving as long as possible — safely. There are various tools for assessing driving. The self-assessment that follows is one such tool. There is also a brochure available online developed by the AAA Foundation for Traffic Safety, "Drivers 65 Plus: Check Your Performance." This brochure features a 15-question self-rating providing information on strengths and weaknesses along with suggestions on how to improve your driving. То download the free quide. qo to www.seniordriving.aaa.com. Another option is a free interactive driving evaluation that can be downloaded at www.seniordriving.aaa.com entitled, "Roadwise Review." This tool allows individuals to measure, in the privacy of their own home, functional abilities necessary for safe driving.

## Self-Assessment of Driving

Hearing Circle		Yes	No
•	With the car windows rolled up can you hear a siren or horn?	Yes	No
•	Do you hear the sound of your turn signal?	Yes	No
Vis	sion		
•	Are objects clear and bright?	Yes	No
•	Do you see clearly at night?	Yes	No
•	Can you go outside in the bright sunlight and see clearly right away?	Yes	No
•	Can you see clearly over the steering wheel?	Yes	No
Не	ad and Neck		
•	Can you turn your head an equal distance from one side to the other?	Yes	No
•	Can you turn your head and neck far enough to see over your shoulder?	Yes	No
Ar	ms and Hands		
•	Can you drive as far as you desire without your hands or arms becoming tired?	Yes	No
•	Can you drive for 30 minutes without your fingers or arms becoming tingly or numb?	Yes	No
•	Can you keep a firm but comfortable grip on the steering wheel with both hands while keeping your elbows bent and relaxed?	Yes	No
•	Can you lift your arm high enough to adjust the rear view mirror?	Yes	No
•	Can you cross one hand over the other when turning the wheel?	Yes	No

### Legs and Feet

•	Can you depress the brake pedal with your knee bent?	Yes	No
•	Can you sit for 15 minutes without your feet or legs becoming tingly or numb?	Yes	No
•	Do you always use your right foot to depress the brake pedal?	Yes	No
•	Can you bend your foot at least 10 degrees?	Yes	No

If you answered "no" to any of the previous questions, see your doctor. Your doctor may be able to help you drive safely by treating a health-related problem, or by prescribing therapy or even simple exercises.

## Driving Evaluation and Rehabilitation Programs

Driving evaluation and rehabilitation programs may help a person get back on the road if driving ability has been affected by illness or injury. These are comprehensive programs that evaluate a driver's vision, functional and cognitive abilities as well as behind the wheel abilities. A doctor's order is required and insurance does not cover the cost of these evaluations, which can cost over \$400. There are currently no driving evaluation programs offered in Wichita.

Driving evaluation and rehabilitation programs are offered at:

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Rehabilitation Institute of Kansas City 3011 Baltimore Avenue Kansas City, MO 64108 (816) 751-7700 www.rehabkc.org

It is recommended the driver see their doctor if there has been a decline in driving abilities. A health problem or medication may be contributing to the decline and may be correctable with the help of a health care professional.

## **Medications and Driving**

There are some medications that affect driving ability. Check with your doctor about your medications and any possible side effects or interactions that may impair driving ability. In addition, "Roadwise Rx" is a free online tool where you can enter the medication you take and it provides confidential and instant feedback about medication side effects and interactions, highlighting how these effects may impact safe driving abilities.

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### Wheelchair Vans, Scooters & Adaptive Equipment

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11922 E. Kellogg Dr. Wichita, KS 67207 (316) 260-9250 www.jayhatfield.net

New and used wheelchair accessible vans for purchase or rent; power wheelchairs and scooters, lifts for wheelchairs and scooters, wheelchair tie downs, turning automotive seats, hand controls, portable wheelchair ramps, hospital beds and patient lifts. Handle all insurance paperwork.

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Contact the AAA for information on roadside assistance and much more or visit their website at <u>www.aaa.com</u>.

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# **Public Transit: Questions to Ask**

Consider these questions to gather more detailed information from the transportation provider you are considering. It is advisable to be aware of resources before they are needed in order to maintain your community mobility.

- 1. What area do you serve?
- 2. How much will I pay?
- 3. If I'm on Medicaid, will Medicaid cover the cost of any rides?
- 4. Are there requirements to qualify for the service, such as an application? If so, what are they?
- 5. How far in advance must reservations be made?
- 6. Are rides provided in the evenings, on weekends or on holidays?
- 7. Are rides provided for any purposes, medical or non-medical?
- 8. Would transportation be provided through my door through the door of my destination, or from my door to the door of my destination, or from the street curb of my home to the street curb of my destination?
- 9. Would the transportation service come into my home and help get me ready for the trip?

- 10. Are rides provided to people who use wheelchairs?
- 11. Do riders stay in their wheelchair, or are they transferred to a seat during the ride?
- 12. What are the weight limitations on your wheelchair lifts?
- 13. Can a family member ride with me to help me during the trip due to a physical or mental impairment and stay with me during the appointment? If so, is there an extra cost associated?
- 14. Will the driver come into the office/building for the return trip?

## Remember, "Click it. Or ticket" It's Kansas Law: Buckle Up

# **Public Transit**

## **Fixed Route Transportation**

Transportation with a fixed schedule along defined routes and designated stops.

 Wichita Transit Bus Service 214 S. Topeka Wichita, KS 67202 (316) 265-7221 www.wichitatransit.org

Wichita Transit operates a bus system to the general public from 6:00 am to 6:30 pm Monday through Friday, and 7:00 am to 5:30 pm on Saturdays. Service area includes the city limits of Wichita only with designated boundaries. Oneway fare is \$1.75, or .85 cents for the Half-Fare program. Half-Fare is available for persons with disabilities and persons age 65 and older with an approved Half-Fare identification card. Please call to find out how to obtain the required photo identification card and for information on bus routes.

Wichita Transit Q-Line Trolley

214 S. Topeka Wichita, KS 67202 (316) 265-7221 www.wichitatransit.org

Free fixed route trolley service that operates in downtown Wichita and is wheelchair accessible.

## Taxi Service

Fares for taxi services are \$2.00 flag plus \$2.00 per mile, 25¢ per 1/8th mile. Services are available to the general public 24 hours per day, 7 days a week. Taxis do not require advance scheduling and are available on short notice. They are only accessible to persons in manual fold-up wheelchairs if the person can transfer themselves from the wheelchair to the vehicle seat. These taxi services serve all of Sedgwick County.

### ABC Taxi and American Cab

400 S. Greenwood Wichita, KS 67211 (316) 262-7511 www.wichitacabs.com

#### Best Cab

2555 N. Market Wichita, KS 67219 (316) 838-2233 www.wichitacabs.com

## Demand Response Transportation (Subsidized)

Transportation that is flexible based on origin and destination of rider which is arranged upon demand and generally in advance. This transportation is subsidized by federal/state grant funding making lower rider fares possible compared to private transportation. Wichita Transit Paratransit 014 S. Tapaka

214 S. Topeka Wichita, KS 67202 (316) 352-4828 www.wichitatransit.org

Wichita Transit operates subsidized ADA van transportation which is a curb-to-curb service for persons with disabilities that must be scheduled in advance. There is an application process to determine eligibility for rides. Service area includes the city of Wichita only.

Service hours are 6:00 am to 6:30 pm Monday through Friday, and 7:00 am to 5:30 pm on Saturdays. One-way fare is \$3.50.

#### Sedgwick County Transportation

2622 W. Central, Suite 500 Wichita, KS 67203 (316) 660-5150 www.sedgwickcounty.org/aging/transporation.asp

SCT operates subsidized door-to-door transportation 7 days per week, 24 hours a day, based on availability, that must be scheduled in advance. Service area includes all of Sedgwick County. <u>There is an application process to determine</u> <u>eligibility for rides.</u> Rides are provided via taxi cabs, minibuses and vans, with some of the buses and vans being wheelchair accessible. Contact SCT for more information on eligibility. One-way fare is \$3.00.

#### I Derby Dash

611 Mulberry Road, Suite 100 Derby, KS 67037 (316) 788-RIDE (7433) <u>www.derbyweb.com</u>

Derby Dash operates subsidized curb-to-curb transportation available in the city limits of Derby. There is an application process to determine eligibility for rides.

<u>Summer Hours (May 15 – August 15)</u> 7:30am – 4:30pm, Monday – Thursday 7:30am – 12:30pm, Friday

<u>School Hours (August 16 – May 14)</u> 7:30am – 4:30pm, Monday – Friday Fridays when school is not in session, hours are 7:30am – 12:30pm

Reservations are based on availability and cannot be scheduled more than two weeks in advance. The Dash will attempt to accommodate wheelchairs. A ride card must be purchased prior to scheduling a ride. One-way fare is \$2.00. Persons recycling through Waste Connections/ Recycle Bank may be eligible for a coupon.

## Demand Response Transportation (Nonsubsidized)

Transportation that is flexible based on origin and destination of rider which is arranged upon demand and generally in advance. This transportation is private enterprise and not subsidized by federal/state grant funding, therefore fares are higher. Fares can start at \$10.00 one-way for someone who is ambulatory and can be \$60.00 one-way or more within Wichita for someone who needs a wheelchair accessible vehicle, plus mileage outside Wichita. Some transportation providers are wheelchair accessible, some are not. There are differences in service area and service hours and they are subject to change. For the most current information on these resources, contact Sedgwick County Transportation at (316) 660-5150.

## **Medicaid Transportation**

Effective January 1, 2013 with implementation of the KanCare program, individuals on Medicaid will contact the agency that contracts with the managed care organization (MCO) they are enrolled in to arrange non-emergency medical transportation. Qualifying rides are provided at no cost. The MCOs and agencies they contract with to provide transportation are listed below. The toll free phone number for each transportation provider is printed on the Medicaid member's identification card.

Managed		
Care	Transportation	Phone
Organization	Provider	Number
Sunflower	Logisticare Logisticare Access2Care	(877) 796-5847

## **Volunteer Transportation**

Transportation provided by volunteer drivers which may be in a company vehicle or the volunteer's own private vehicle. Donations may be made to the organization to help support the program.

American Red Cross 1900 E. Douglas Wichita, KS 67214 (316) 219-4040 www.midwaykansas.redcross.org

Provides door-to-door medical transportation to persons 60 and older. Service is by donation only and is not wheelchair accessible.

Sedgwick County Transportation's RSVP Volunteer Transportation Program 2622 W. Central, Suite 500 Wichita, KS 67203 (316) 660-5150 www.sedgwickcounty.org/aging/ transportation.asp

SCT sponsors volunteer transportation that is coordinated through three senior centers and is available to residents of the towns listed below only. Services are provided by RSVP volunteers in their own vehicles. This is the only transportation that RSVP volunteers provide.

Mt. Hope Senior Center - 105 S. Ohio, Mt Hope, KS 67108 - (316) 667-8956

Bentley Senior Center - 504 E. Sterling, Bentley, KS 67016 - (316) 796-0027 Clearwater Senior Center - 921 Janet Street, Clearwater, KS 67026 - (620) 584-2332

#### LOVE, Inc. 1441 E. 37th St. N. Wichita, KS 67219 (316) 265-0500

www.loveincwichita.com

Church based program in which volunteers provide transportation in their own vehicles. Not wheelchair accessible.

## **Companion Transportation**

Transportation is provided by home health care staffs' own private vehicle, or the rider's vehicle can be used. Personal care attendants who provide door-throughdoor transportation are trained to assist persons with physical and/or mental impairments, help them get ready, and stay with the individual throughout the entire trip and appointment. This type of service is a good resource for those with intellectual disabilities, dementia, or a physical impairment that requires hands-on assistance from another person. These agencies charge by the hour for this service and have a one hour minimum. Rates start at \$17.00 per hour and can be \$25.00 per hour or higher. Most also add mileage fees if their car is used and must have advance notice, usually 24 hours.

Home Instead Senior Care 1919 N Amidon, Suite 310 Wichita, KS 67203 (316) 612-7541 www.homeinstead.com

#### Always There Senior Care 2260 N. Ridge Road, Suite 250 Wichita, KS 67205 (316) 946-9222 www.alwaysthereusa.com

#### Homewatch Caregivers 400 N. Woodlawn, Suite 203 Wichita, KS 67208 (316) 652-8786 www.homewatchcaregivers.com

#### Right At Home 7348 W. 21st St. N., Suite 101 Wichita, KS 67205 (316) 721-6001 www.rightathome.net

## **Stretcher Transportation**

Non-emergency transportation for an individual who cannot sit up and must be transported in a van on a stretcher. Cost for one-way trip starts at \$200.00.

#### Anytime Anywhere Transportation 7340 W. 21st St. N., Suite 103 Wichita, KS 67205 (316) 775-1591 (No website)

#### Comfort Care Transportation 339 S. Hydraulic Wichita, KS 67211 (316) 304-1853 (No website)

## **School Transportation**

#### First Student 4141 N. Seneca Wichita, KS 67204 (316) 832-9231 www.firststudentinc.com

## **Intercity Bus Service**

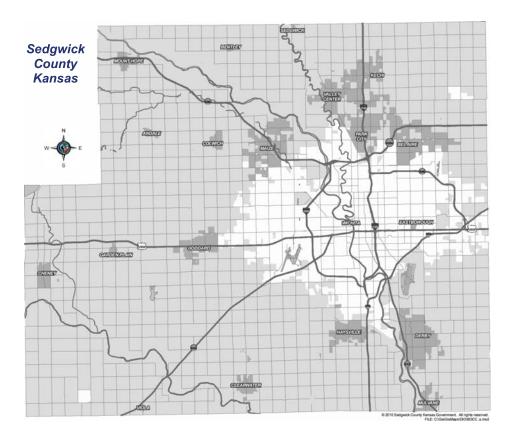
Greyhound
312 S. Broadway
Wichita, KS 67202
(800) 231-2222
Fare & schedule information (English)
(800) 531-5332
Fare & schedule information (Spanish)
(800) 752-4841
Assistance for customers with disabilities
www.greyhound.com

## **Transportation Advocacy**

Paratransit Council, Inc., formed in 1984, is a network of transportation providers comprised of human service agencies in Sedgwick, Harvey and Butler Counties. This organization shares information regarding service needs and trends, coordinates services and training, and advocates for local, state and federal support of public transportation.

Paratransit Council, Inc. is an advisory body to the Coordinated Transit District (CTD) #12 authorized under K.S.A. 75-5051 to manage state and federal passenger transportation funds. The administrative agency for CTD #12 is Sedgwick County Department on Aging (SCDOA). To reach CTD #12 administrative staff at SCDOA, call (316) 660-5158 or (316) 660-5157.

# **Sedgwick County Map**



DATE: 5/11/2010



# Notes

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# **Fixed Route Transportation**

Transportation with a fixed schedule along defined routes and designated stops.

 Wichita Transit Bus Service 214 S. Topeka Wichita, KS 67202 (316) 265-7221 www.wichitatransit.org

Wichita Transit operates a bus system to the general public from 6:15 am to 6:30 pm Monday through Friday, and 7:00 am to 5:30 pm on Saturdays. Service area includes the city limits of Wichita only with designated boundaries. Oneway fare is \$1.75, or .85 cents for the Half-Fare program. Half-Fare is available for persons with disabilities and persons age 65 and older with an approved Half-Fare identification card. Please call to find out how to obtain the required photo identification card and for information on bus routes.

Wichita Transit Q-Line Trolley

214 S. Topeka Wichita, KS 67202 (316) 265-7221 www.wichitatransit.org

Free fixed route trolley service that operates in downtown Wichita and is wheelchair accessible.

# Taxi Service

Fares for taxi services are \$2.00 flag plus \$2.00 per mile, 25¢ per 1/8th mile. Services are available to the general public 24 hours per day, 7 days a week. Taxis do not require advance scheduling and are available on short notice. They are only accessible to persons in manual fold-up wheelchairs if the person can transfer themselves from the wheelchair to the vehicle seat. These taxi services serve all of Sedgwick County.

## ABC Taxi and American Cab

400 S. Greenwood Wichita, KS 67211 (316) 262-7511 www.wichitacabs.com

#### Best Cab

2555 N. Market Wichita, KS 67219 (316) 838-2233 www.wichitacabs.com

# Demand Response Transportation (Subsidized)

Transportation that is flexible based on origin and destination of rider which is arranged upon demand and generally in advance. This transportation is subsidized by federal/state grant funding making lower rider fares possible compared to private transportation. Wichita Transit Paratransit 014 S. Tapaka

214 S. Topeka Wichita, KS 67202 (316) 352-4828 www.wichitatransit.org

Wichita Transit operates subsidized ADA van transportation which is a curb-to-curb service for persons with disabilities that must be scheduled in advance. There is an application process to determine eligibility for rides. Service area includes the city of Wichita only.

Service hours are 6:00 am to 6:30 pm Monday through Friday, and 7:00 am to 5:30 pm on Saturdays. One-way fare is \$3.50.

#### Sedgwick County Transportation

2622 W. Central, Suite 500 Wichita, KS 67203 (316) 660-5150 www.sedgwickcounty.org/aging/transporation.asp

SCT operates subsidized door-to-door transportation 7 days per week, 24 hours a day, based on availability, that must be scheduled in advance. Service area includes all of Sedgwick County. <u>There is an application process to determine</u> <u>eligibility for rides.</u> Rides are provided via taxi cabs, minibuses and vans, with some of the buses and vans being wheelchair accessible. Contact SCT for more information on eligibility. One-way fare is \$3.00.

#### I Derby Dash

611 Mulberry Road, Suite 100 Derby, KS 67037 (316) 788-RIDE (7433) <u>www.derbyweb.com</u>

Derby Dash operates subsidized curb-to-curb transportation available in the city limits of Derby. There is an application process to determine eligibility for rides.

<u>Summer Hours (May 15 – August 15)</u> 7:30am – 4:30pm, Monday – Thursday 7:30am – 12:30pm, Friday

<u>School Hours (August 16 – May 14)</u> 7:30am – 4:30pm, Monday – Friday Fridays when school is not in session, hours are 7:30am – 12:30pm

Reservations are based on availability and cannot be scheduled more than two weeks in advance. The Dash will attempt to accommodate wheelchairs. A ride card must be purchased prior to scheduling a ride. One-way fare is \$2.00. Persons recycling through Waste Connections/ Recycle Bank may be eligible for a coupon.

# Demand Response Transportation (Nonsubsidized)

Transportation that is flexible based on origin and destination of rider which is arranged upon demand and generally in advance. This transportation is private enterprise and not subsidized by federal/state grant funding, therefore fares are higher. Fares can start at \$10.00 one-way for someone who is ambulatory and can be \$60.00 one-way or more within Wichita for someone who needs a wheelchair accessible vehicle, plus mileage outside Wichita. Some transportation providers are wheelchair accessible, some are not. There are differences in service area and service hours and they are subject to change. For the most current information on these resources, contact Sedgwick County Transportation at (316) 660-5150.

## **Medicaid Transportation**

Effective January 1, 2013 with implementation of the KanCare program, individuals on Medicaid will contact the agency that contracts with the managed care organization (MCO) they are enrolled in to arrange non-emergency medical transportation. Qualifying rides are provided at no cost. The MCOs and agencies they contract with to provide transportation are listed below. The toll free phone number for each transportation provider is printed on the Medicaid member's identification card.

Managed		
Care	Transportation	Phone
Organization	Provider	Number
Sunflower	Logisticare Logisticare Access2Care	(877) 796-5847

# **Volunteer Transportation**

Transportation provided by volunteer drivers which may be in a company vehicle or the volunteer's own private vehicle. Donations may be made to the organization to help support the program.

American Red Cross 1900 E. Douglas Wichita, KS 67214 (316) 219-4040 www.midwaykansas.redcross.org

Provides door-to-door medical transportation to persons 60 and older. Service is by donation only and is not wheelchair accessible.

Sedgwick County Transportation's RSVP Volunteer Transportation Program 2622 W. Central, Suite 500 Wichita, KS 67203 (316) 660-5150 www.sedgwickcounty.org/aging/ transportation.asp

SCT sponsors volunteer transportation that is coordinated through three senior centers and is available to residents of the towns listed below only. Services are provided by RSVP volunteers in their own vehicles. This is the only transportation that RSVP volunteers provide.

Mt. Hope Senior Center - 105 S. Ohio, Mt Hope, KS 67108 - (316) 667-8956

Bentley Senior Center - 504 E. Sterling, Bentley, KS 67016 - (316) 796-0027 Clearwater Senior Center - 921 Janet Street, Clearwater, KS 67026 - (620) 584-2332

#### LOVE, Inc. 1441 E. 37th St. N. Wichita, KS 67219 (316) 265-0500

www.loveincwichita.com

Church based program in which volunteers provide transportation in their own vehicles. Not wheelchair accessible.

## **Companion Transportation**

Transportation is provided by home health care staffs' own private vehicle, or the rider's vehicle can be used. Personal care attendants who provide door-throughdoor transportation are trained to assist persons with physical and/or mental impairments, help them get ready, and stay with the individual throughout the entire trip and appointment. This type of service is a good resource for those with intellectual disabilities, dementia, or a physical impairment that requires hands-on assistance from another person. These agencies charge by the hour for this service and have a one hour minimum. Rates start at \$17.00 per hour and can be \$25.00 per hour or higher. Most also add mileage fees if their car is used and must have advance notice, usually 24 hours.

Home Instead Senior Care 1919 N Amidon, Suite 310 Wichita, KS 67203 (316) 612-7541 www.homeinstead.com

#### Always There Senior Care 2260 N. Ridge Road, Suite 250 Wichita, KS 67205 (316) 946-9222 www.alwaysthereusa.com

# Homewatch Caregivers 400 N. Woodlawn, Suite 203 Wichita, KS 67208 (316) 652-8786 www.homewatchcaregivers.com

#### Right At Home 7348 W. 21st St. N., Suite 101 Wichita, KS 67205 (316) 721-6001 www.rightathome.net

# **Stretcher Transportation**

Non-emergency transportation for an individual who cannot sit up and must be transported in a van on a stretcher. Cost for one-way trip starts at \$200.00.

#### Anytime Anywhere Transportation 7340 W. 21st St. N., Suite 103 Wichita, KS 67205 (316) 775-1591 (No website)

#### Comfort Care Transportation 339 S. Hydraulic Wichita, KS 67211 (316) 304-1853 (No website)

## **School Transportation**

#### First Student 4141 N. Seneca Wichita, KS 67204 (316) 832-9231 www.firststudentinc.com

# **Intercity Bus Service**

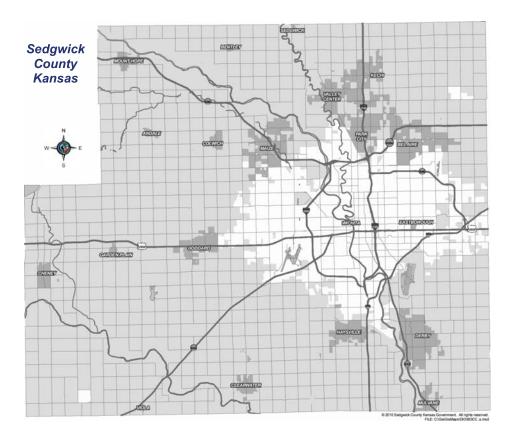
Greyhound
312 S. Broadway
Wichita, KS 67202
(800) 231-2222
Fare & schedule information (English)
(800) 531-5332
Fare & schedule information (Spanish)
(800) 752-4841
Assistance for customers with disabilities
www.greyhound.com

# **Transportation Advocacy**

Paratransit Council, Inc., formed in 1984, is a network of transportation providers comprised of human service agencies in Sedgwick, Harvey and Butler Counties. This organization shares information regarding service needs and trends, coordinates services and training, and advocates for local, state and federal support of public transportation.

Paratransit Council, Inc. is an advisory body to the Coordinated Transit District (CTD) #12 authorized under K.S.A. 75-5051 to manage state and federal passenger transportation funds. The administrative agency for CTD #12 is Sedgwick County Department on Aging (SCDOA). To reach CTD #12 administrative staff at SCDOA, call (316) 660-5158 or (316) 660-5157.

# **Sedgwick County Map**



DATE: 5/11/2010



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