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NEWS

SEDGWICK COUNTY COMMUNICATIONS AND COMMUNITY INITIATIVES
316-660-9370 WWW.SEDGWICKCOUNTY.ORG

FOR IMMEDIATE RELEASE

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REGISTRATION IS OPEN FOR LINK 4 LIFE RUN/WALK

(Wichita, Kan.) – Runners, walkers and supporters of suicide prevention can now register for the Link 4 Life Run/Walk taking place April 13 at Old Cowtown Museum.

The Link 4 Life event seeks to educate the public and provide support for survivors of suicide. Proceeds help the Sedgwick County Suicide Prevention Coalition reach members of the community with messages about the warning signs, as well as actions that can help prevent suicide.

Participants may register through a number of avenues:

- Online – visit the Sedgwick County website at www.sedgwickcounty.org to access the online registration through April 11 at noon.
- By mail – complete the form on the brochure (found at www.sedgwickcounty.org, at COMCARE of Sedgwick County locations, or at many businesses and schools throughout the community) and mail it with the registration fee to Link 4 Life, 635 N. Main, Wichita, KS 67203.
- In person at GoRun (east and west locations) and First Gear – through April 11 at 5 p.m.
- In person at Cowtown – April 12 from 1 to 6 p.m. and April 13 at 7 a.m.

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Please note the following distances, start times and fees:

- Open 5K run at 7:40 a.m. - \$25 in advance, \$35 day of race
- Youth competitive one mile run (18 and younger) at 8:30 a.m. - \$15 in advance, \$25 day of race
- Special distance events - \$10 in advance, \$15 day of race
 - 3/4 mile for ages 11 - 18 at 8:45 a.m.
 - 1/2 mile for ages 9 and 10 at 9 a.m.
 - 1/4 mile for ages 7 and 8 at 9:15 a.m.
 - 1/8 mile for ages 5 and 6 at 9:30 a.m.
 - 50 yard dash for ages 3 and 4 at 9:45 a.m.
- One-mile family and survivor walk for all ages at 9:55 a.m. - adults \$20 in advance, \$25 day of race; youth \$10 in advance, \$15 day of race
- \$10 charge for each additional event

The Link 4 Life Run/Walk will be filled with activities for all ages and will conclude with a celebration party with awards, entertainment, food, exhibits and fond memories.

If you or someone you know is considering suicide, call the Sedgwick County Suicide Prevention Hotline at 316-660-7500 24 hours a day, 7 days a week.

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