

ITEMS REQUIRING BOCC APPROVAL
(4 Items)

1. **MENTAL HEALTH FIRST AID INSTRUCTOR -- COMCARE
FUNDING -- COMCARE**

(Request sent to six (6) vendors)

RFP #16-0093 Contract

	Tom Pletcher, LPC
Per hour, Mental Health First Aid Instructor	\$35.00/Hr.

On the recommendation of Britt Rosencutter, on behalf of COMCARE, Jennifer Dombaugh moved to **accept the proposal from Tom Pletcher, LPC and establish contract pricing for one (1) year with three (3) one (1) year options to renew.** Linda Kizzire seconded the motion. The motion passed unanimously.

A committee comprised of Talaya Schwartz, Brenda Gutierrez Valera, Tisha Darland, and Jason Sheck - COMCARE and Britt Rosencutter - Purchasing reviewed and accepted the proposal based on qualifications and past work with Sedgwick County.

Mental Health First Aid is an eight-hour (8) training course that teaches participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. Mental Health First Aid teaches information on depression, anxiety, trauma, psychosis and substance abuse; a five-step action plan to help someone developing mental health concerns or in crisis using available evidence-based professional, peer, and self-help resources.

Mental Health First Aid is listed in the Substance Abuse and Mental Health Services Administration’s National Registry of Evidence-based Programs and Practices. Studies show that individuals trained in the program increase their knowledge of signs, symptoms and risk factors of mental illness and addictions; can identify multiple types of professional and self-help resources for individuals with a mental illness or addiction; increase their confidence in and likelihood to help an individual in distress; and show reduced social distance to individuals with mental illnesses.

The course is delivered by certified Mental Health First Aid USA instructors who completed five (5) days of training and meet certification requirements.

Questions and Answers

Linda Kizzire - Who currently performs this training for Sedgwick County?

Britt Rosencutter - Tom Pletcher does.

Linda Kizzire - Did we only receive one bid?

Britt Rosencutter - Yes, we solicited six vendors and I spoke with several of them and they only teach to their own organization, not outside of their organization.

Linda Kizzire - Who attends these classes?

Talaya Schwartz, COMCARE Operations Manager - This is for Sedgwick County citizens so it is very much ran like other first aid so that anyone in the community who has an interest in Mental health disorders could benefit from that.