

## **Data Tracking: Behavior Definitions/Guidance**

If the person does not have a behavior intervention program or procedure that specifically defines a maladaptive behavior, use the following definitions when interviewing caregivers.

Questions to ask regarding behaviors may include, “does the behavior require staff support” and “is there risk involved?” Behavior that is not acceptable by the norms of society within a particular setting is considered to be socially unacceptable.

**Tantrums/Emotional Outburst** – A combination of two or more of the following behaviors: screaming, crying, swearing, banging on walls, doors, windows or other objects, throwing self on floor.

**Property Damage** – Deliberately breaking, defacing or destroying things by hitting, tearing, cutting, throwing, burning, marking or scratching.

**Physical Assault** – Causing physical pain to others (people/animals) by hitting, kicking, biting, pinching, scratching, pulling hair or striking with an object.

**Disruption** – Interfering significantly with the activities of others by clinging, pestering, teasing, arguing, complaining, picking fights, laughing, crying without reason, interrupting, yelling or screaming.

**Verbal/Gestural Abuse** – Swearing, verbal threats, name-calling, obscene gestures, gestures that indicate aggressive intent or threat.

**Self-injury** – Causing injury to own body through any of the following: hitting, banging head, scratching, cutting, puncturing, biting, rubbing skin, pulling hair, picking skin, biting nails or pinching (anorexia/bulimia are not considered to be self-injurious behavior).

**Clarification on common questions in this category of behavior:**

- Diabetics: sneaking sweets would be considered multiple behaviors and would more likely be captured under “resisting supervision” and “stealing” as opposed to “self-injurious” behavior.
- Oxygen: Individuals refusing to wear their oxygen and/or taking it off should be considered “resisting supervision” rather than “self-injurious” behavior.

**Teasing/Harassing**- Any behavior performed deliberately to annoy another person.

**Resisting Supervision** – Noncompliant behavior and/or refusing to follow instructions.

**Run/Wander Away** – Repeatedly/deliberately/inadvertently leaving program area, group activity or living area.

**Steal** – Deliberately taking belongings, including food, from another person.

**Eating Inedible Objects** – putting objects other than food or medicine into the mouth and swallowing.

**Sexually Inappropriate Behavior** – Public masturbation, public undressing, inappropriate touching (self/others), making sexual remarks/gestures, forcing sexual attentions on others or voyeurism.

**Smear Feces** – Deliberately handling, throwing or spreading feces.

## BASIS Behavior Data Tracking Sheet

Person Served: \_\_\_\_\_ Month, Year: \_\_\_\_\_

Program/Setting [Day, Residential, SHC or Family Home]: \_\_\_\_\_

Agency Providing Services: \_\_\_\_\_

Document observed behavior according to description below with and "X" on the day of the month the behavior(s) occurred.

Behavior	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Tantrum/Emotional Outburst																															
Property Damage																															
Physical Assault																															
Disrupts Others																															
Verbally/Gesturally Abusive																															
Self-Injurious																															
Tease/Harass Peers																															
Resist Supervision																															
Run/Wander Away																															
Steals																															
Eats Inedible Objects																															
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