

2018 Annual Report

Sedgwick County Suicide Prevention Coalition



Suicide
isn't the answer

We are here 24/7
660-7500

Sedgwick County...
working for you

Suicide Prevention Coalition

YOU'RE NOT ALONE



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Thank You!

- Sedgwick County Health Department
 - Kaylee Hervey
 - Halley Maloy
- Sedgwick County Regional Forensic Science Center



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316-660-7500



2018 Suicide Rate

- 101 suicide deaths in Sedgwick County.
- 19.66 suicide deaths per 100,000 Sedgwick County residents.
- Highest rate on record since we started tracking these rates in 2001

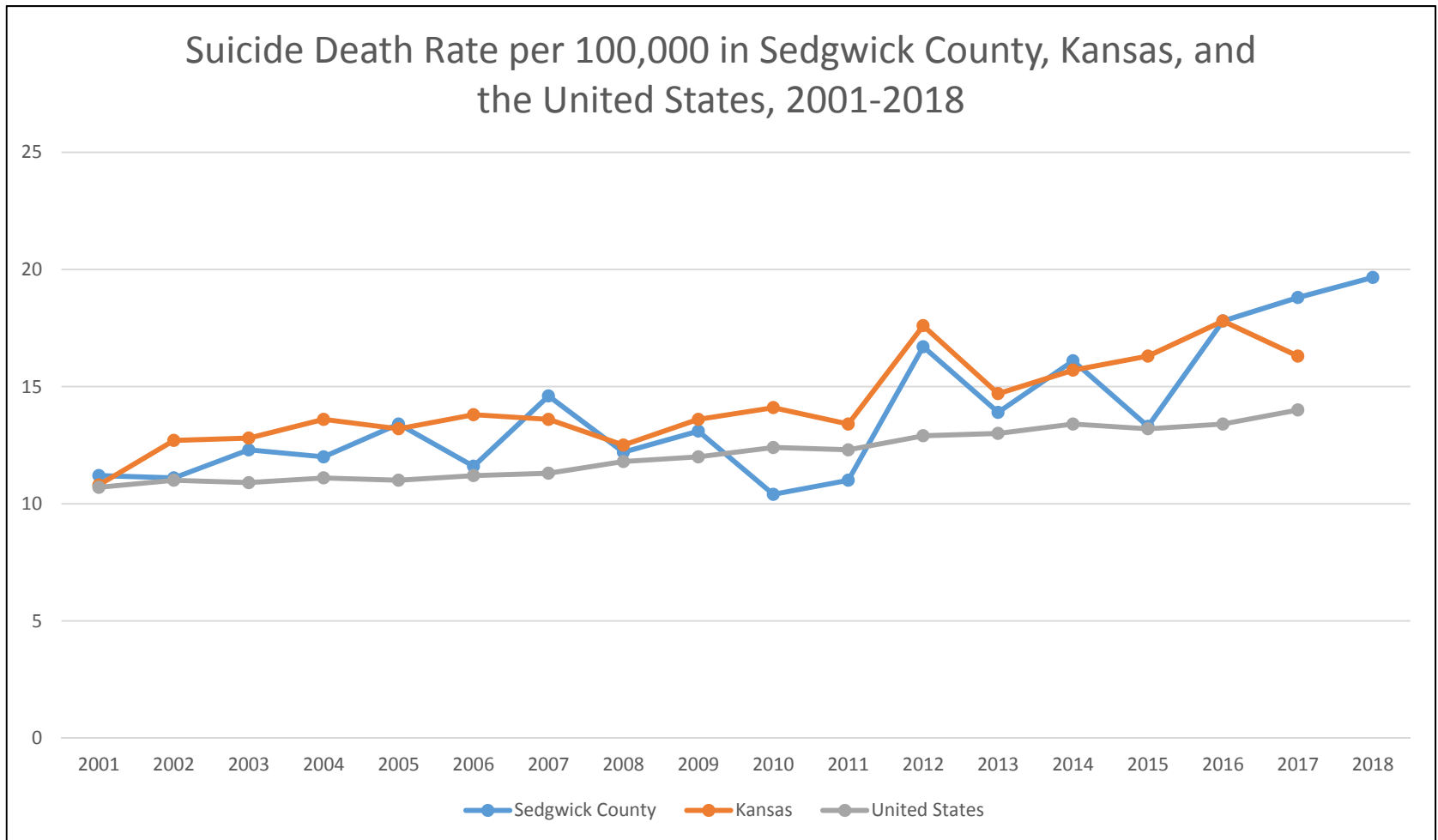


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Comparisons with State and National Rates

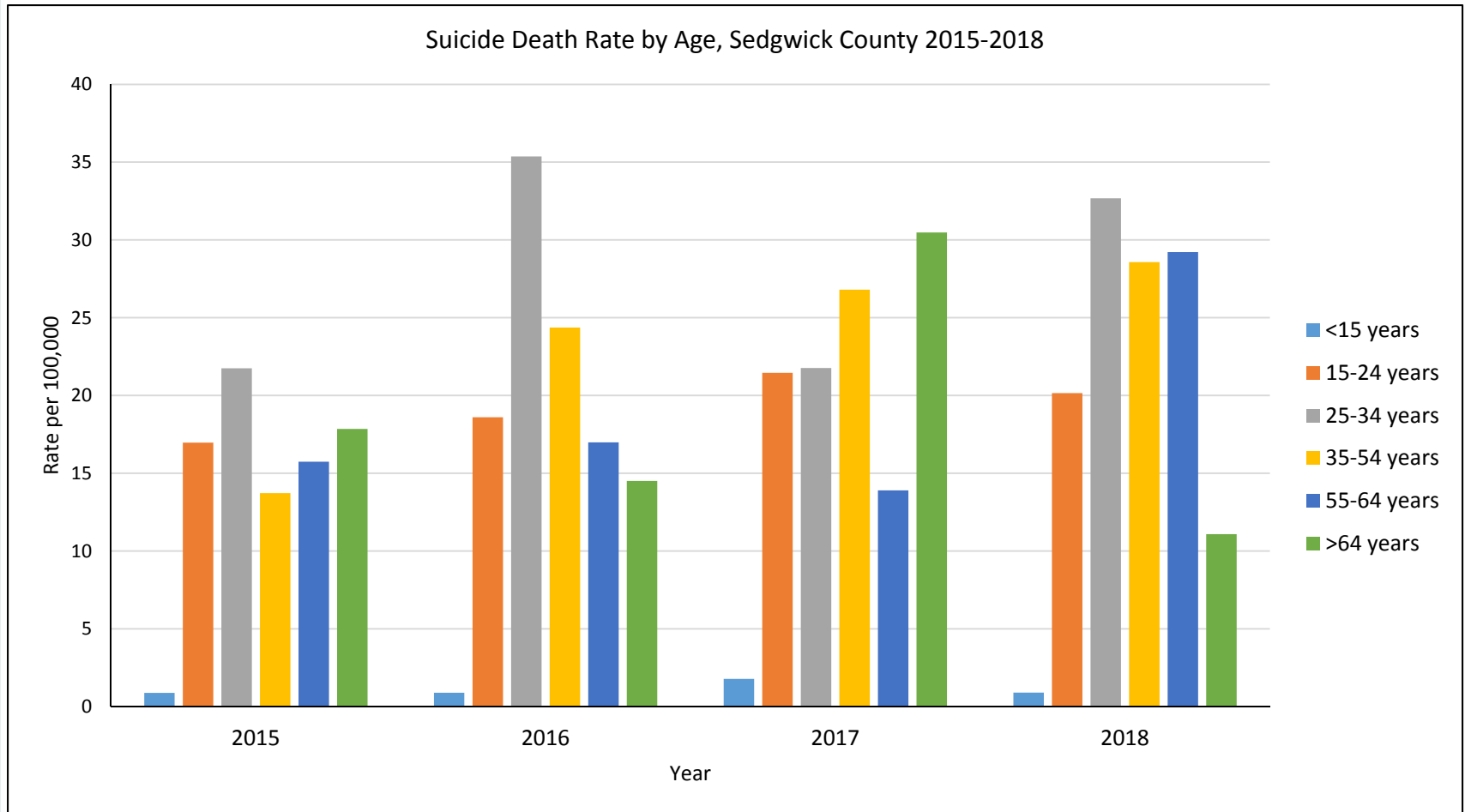


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Suicide Rates per 100,000 by Age

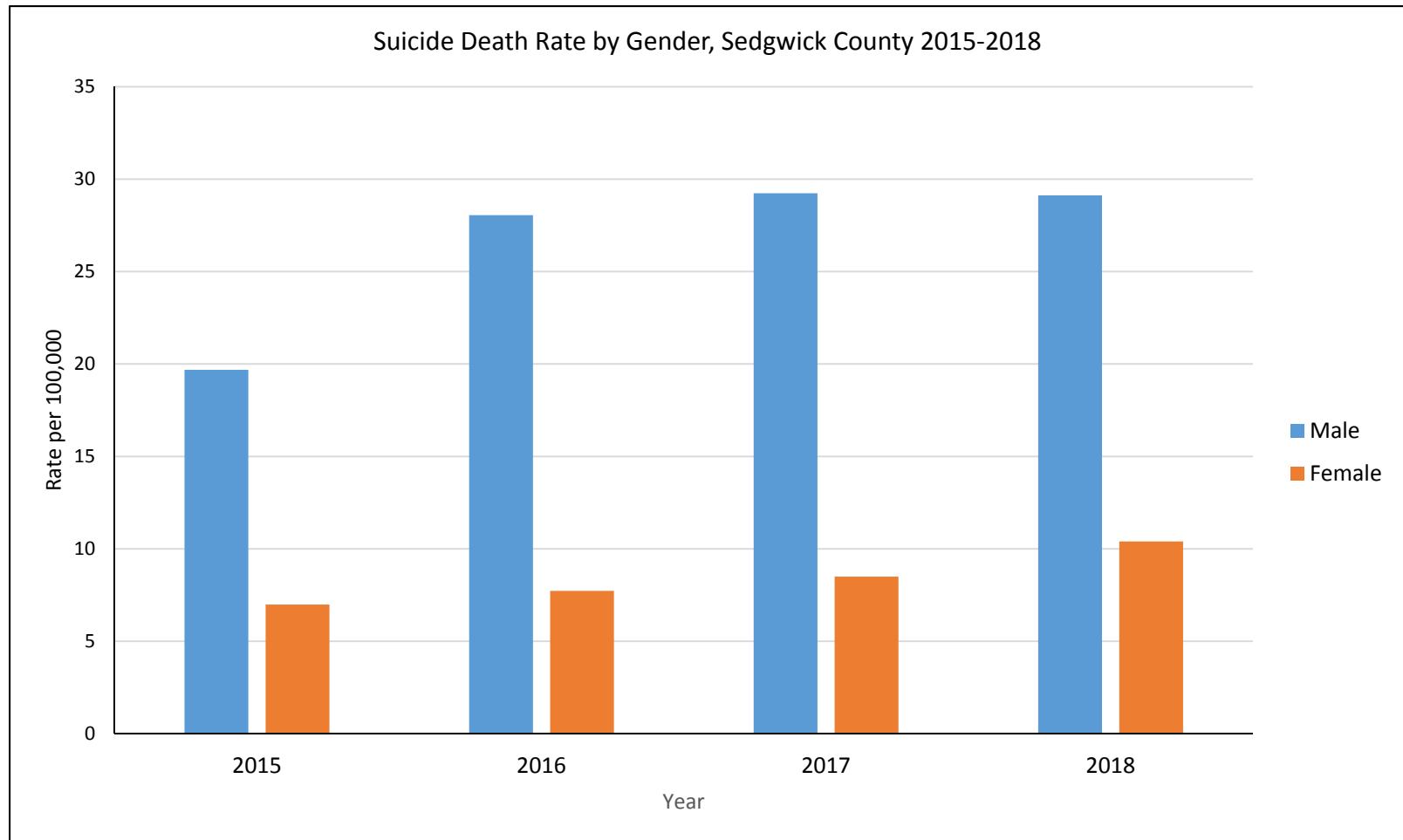


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Suicide Rates per 100,000 by Gender

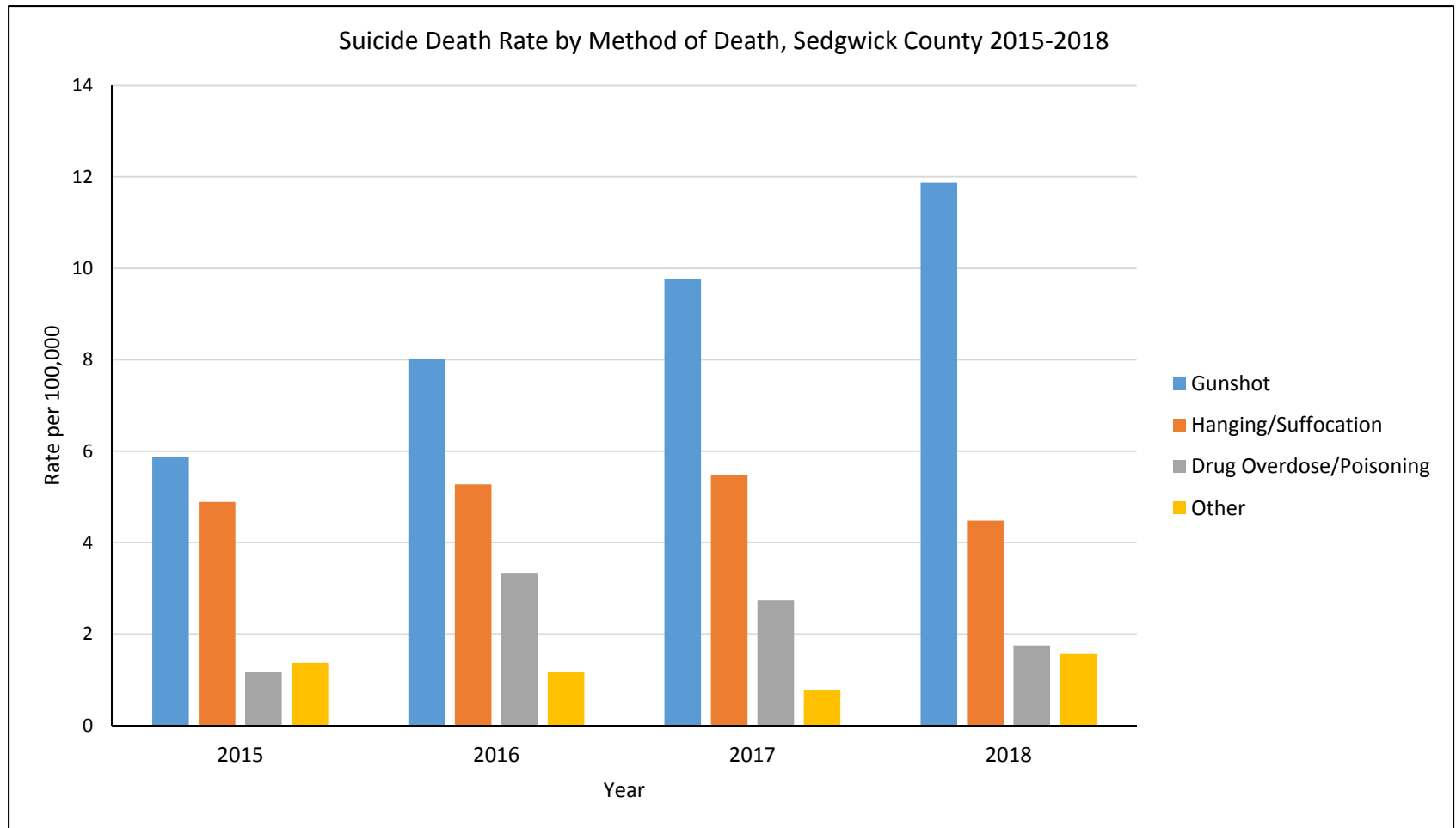


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Suicide Rates per 100,000 by Method

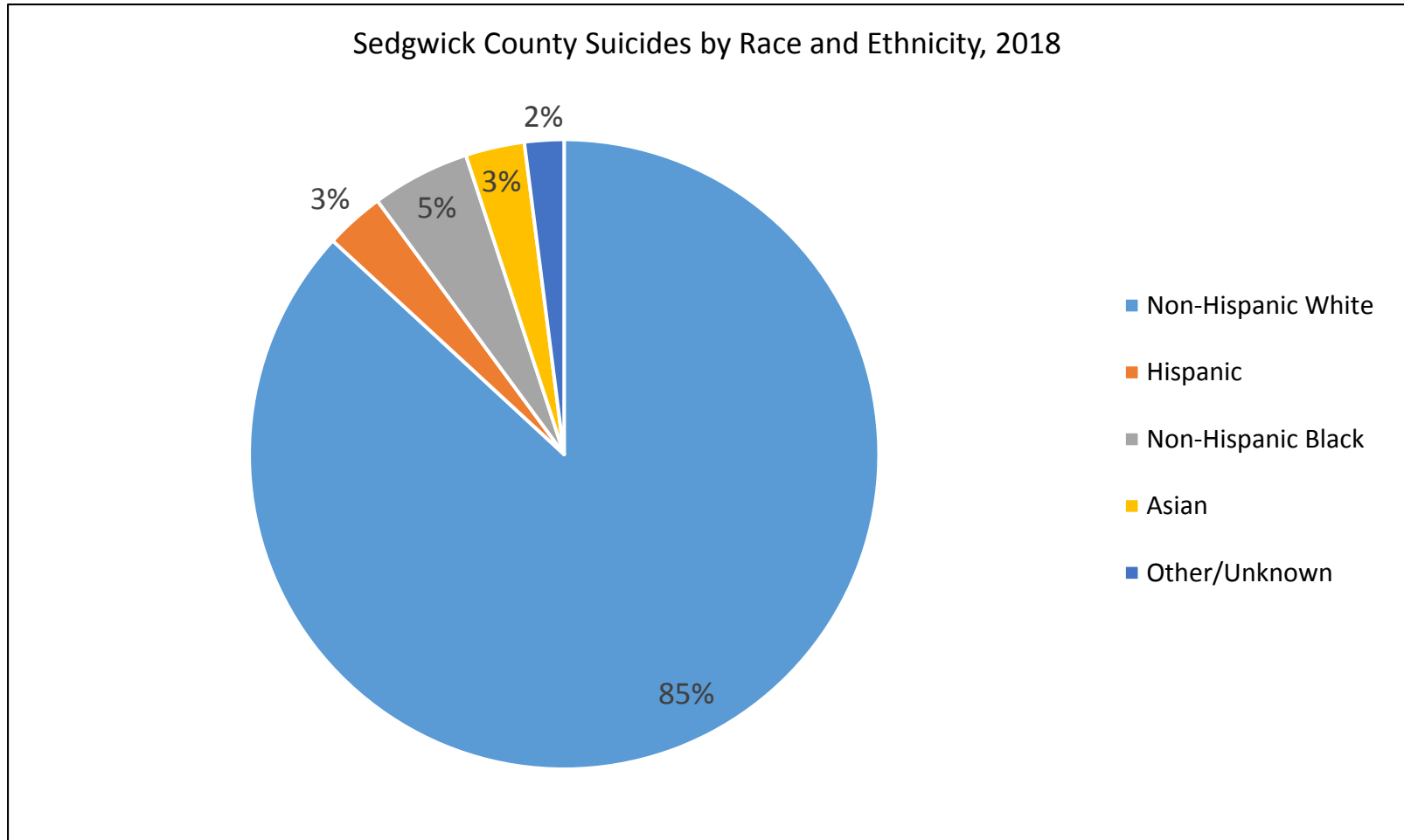


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Sedgwick County Suicides by Race 2018



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Mental Health and Suicide History

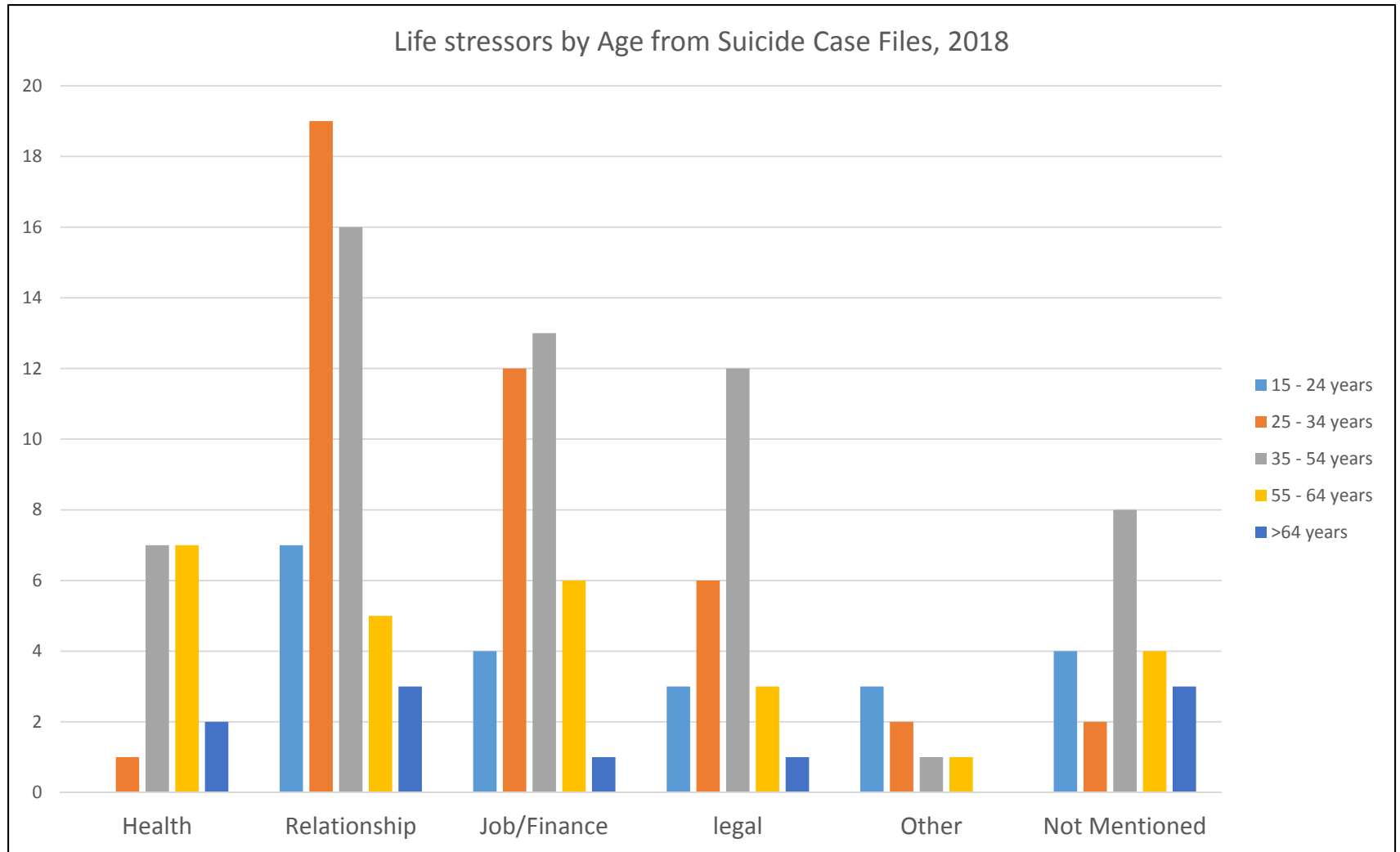
- 59 percent of deaths had known history of mental illness
 - Depression was the most commonly noted mental illness
 - Anxiety was the second most common
- 48 percent of deaths had known history of suicidal ideations
- 30 percent of deaths had known history of previous suicide attempts



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Life Stressors by Age



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Other Factors

- 12 percent of deaths were veterans
- 35 percent of deaths had a positive ethanol toxicology result
- 59 percent of deaths had a toxicology result positive for at least one drug
 - 29 percent were positive for at least one illicit drug



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Know the Signs

- **TALK:** No reason to live. Feeling trapped. Being a burden to others. Unbearable pain. Talk of killing themselves.
- **BEHAVIOR:** Increased alcohol/drug use. Isolation from family and friends. Sleeping too little/too much. Withdrawing from activities. Seeking access to pills/weapons or other means.
- **MOOD:** Depression. Loss of interest. Rage. Irritability. Humiliation. Anxiety.



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What can you do?

- Take it seriously, if someone mentions suicide.
- Talk openly and matter-of-factly about suicide.
- Be willing to listen. Allow expressions of feelings. Accept the feelings.
- Offer hope that help is available.
- Do not leave him or her alone.
- Get help immediately!



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Get Involved

- 4th Annual Party for Prevention
 - September 12, 2019
 - info@stopsuicideict.com
- Out of Darkness Community Walk
 - September 21, 2019
 - AFSP.donordrive.com
- Mental Health First Aid Trainings
 - September 27 and October 25, 2019
 - Tina.Prejean@Sedgwick.gov
- NAMI Candlelight Ceremony- “The Power of Listening”
 - October 6, 2019
 - Newman University
- ASSIST Training
 - October 9-10, 2019
- International Survivors of Suicide Loss Day
 - November 23, 2019



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