THE BEST WAY TO PREVENT DISEASE IS TO WASH YOUR HANDS

1. Wet hands with running water
2. Pump soap into palms, rub together to make a lather
3. Scrub hands vigorously for 20 seconds, be sure to clean under fingernails
4. Rinse soap off of hands
5. Dry hands thoroughly, use a dry paper towel to turn water off

PLEASE HELP PREVENT THE SPREAD OF COVID-19

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