

III ESS SYMPTOMS

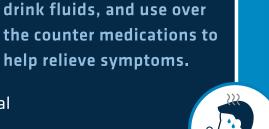
Follow the guidelines below to help us keep our community healthy and safe.



Stay home -

if you have been in contact with someone diagnosed with the coronavirus or if you have the following new or out of the norm symptoms:

- Cough 🐞
- Shortness of breath or difficulty breathing
- **Fever**
- ** Chills or shivering
- Muscle or body aches
- Headache
- Ringing in ear or temporary loss of hearing
- 🌦 Sore throat
- New loss of taste or smell
- 🧱 Diarrhea
- Fatigue or feeling more tired than normal



Unless these symptoms get

two weeks: stay home,

worse or last for more than



Call your doctor -

if you have these symptoms:

- Shortness of breath but still able to speak in full sentences.
- 🏶 If symptoms continue to get worse or last more than two weeks.
- Prepare for this by knowing your doctor's phone number and after hours line. Investigate if you have access through a 24 hour call-a-nurse line through your health insurance or a local clinic.





Call 9-1-1

if you are experiencing these symptoms:

- Chest pain/pressure
- Severe shortness of breath only able to say a word or two before taking a breath
- Passing out, losing consciousness, or confusion
- These are severe symptoms that need medical attention right away. Tell 9-1-1 all the symptoms you are experiencing and if you have traveled recently.





Ask yourself, "Are the symptoms severe enough to require a doctor visit?"

IF THE ANSWER IS YES, contact your doctor or call the

SCHD at 316-660-1022. SCHD can answer questions and

schedule you for no cost coronavirus testing.

Sedgwick County Health Department (SCHD) - 316-660-7300
Administration: 1900 E. 9th St. N., Wichita - Main Clinic: 2716 W. Central, Wichita