

# General Population and K-12 Schools Isolation and Quarantine Guidance

- **EXCLUDES** people who work in a healthcare setting or people who work in, reside in, or attend other congregate settings such as correctional facilities, long-term care facilities, preschool, and residence halls/group living at institutions of higher education. For these groups, prior KDHE modified quarantine guidance remains in effect.

Population	1/24/22 Updated Guidance
<b>Cases (Positive)</b>  People who have a positive COVID-19 test (regardless of vaccination status)	<ul style="list-style-type: none"> <li>• Stay home for 5 full days from the start of your symptoms or sample date if no symptoms</li> <li>• If you have no symptoms or symptoms are mostly gone after 5 days and you are fever-free for 24 hours without the use of fever-reducing medications, you can leave your house                             <ul style="list-style-type: none"> <li>○ A negative antigen test on day 5 or later is recommended before you leave your house on day 6, but is not required. If you test positive, remain in isolation for 10 full days.</li> </ul> </li> <li>• Continue to wear a well-fitting mask around others at home and in public for a full 5 additional days                             <ul style="list-style-type: none"> <li>○ Cannot do any activities or go places where unable to wear a mask (ex. restaurant, gym), travel, or be around people at high risk for developing severe disease</li> </ul> </li> <li>• If unable to mask, stay in isolation at home for 10 days</li> </ul>
<b>Quarantine Exempt Close Contacts of a Person with COVID-19</b>  People who are boosted  People who are fully vaccinated with Pfizer and are ineligible for a booster at the time of exposure (ex. too young for booster)  People who are fully vaccinated with Pfizer/Moderna within last 5 months  People who are fully vaccinated with Johnson & Johnson within last 2 months  People with laboratory confirmed COVID-19 in the last 90 days (excludes antibody tests or at-home antigen tests)	<ul style="list-style-type: none"> <li>• Wear a well-fitting mask around others for 10 days from the date of last exposure.</li> <li>• Test on day 5 (antigen or PCR), if possible.</li> </ul> <p><i>If you develop symptoms, get a test and stay home until results are available. If positive, follow the guidance for cases outlined above.</i></p>
<b>Susceptible Close Contacts of a Person with COVID-19</b>  People who are fully vaccinated with Pfizer/Moderna over 6 months ago and no booster  People who are fully vaccinated with Johnson & Johnson over 2 months ago and no booster  People who are unvaccinated	<ul style="list-style-type: none"> <li>• Stay home for 5 full days. After that continue to wear a well-fitting mask around others for a full 5 additional days.                             <ul style="list-style-type: none"> <li>○ Household contacts may have to quarantine more than 5 days</li> </ul> </li> <li>• If you can't quarantine, you must wear a well-fitting mask for 10 days at home and in public</li> <li>• Test on day 5, if possible</li> <li>• If unable to wear a mask, quarantine at home for 10 days</li> </ul> <p><i>If you develop symptoms, get a test and stay home until results are available. If positive, follow the guidance for cases outlined above.</i></p>

