

General Population, K-12 Schools, and Daycare Isolation and Quarantine Guidance

- **EXCLUDES** people who work in a healthcare setting or people who work in, reside in, or attend other congregate settings such as correctional facilities, long-term care facilities, and residence halls/group living at institutions of higher education. For these groups, prior KDHE modified quarantine guidance remains in effect.

Population	2/3/22 Updated Guidance
<p>Cases (Positive)</p> <p>People who have a positive COVID-19 test (regardless of vaccination status)</p>	<ul style="list-style-type: none"> • Stay home for 5 full days from the start of your symptoms or sample date if no symptoms (Day 0) • If you have no symptoms or symptoms are mostly gone after 5 days and you are fever-free for 24 hours without the use of fever-reducing medications, you can leave your house Day 6 <ul style="list-style-type: none"> ○ A negative antigen test on Day 5 or later is recommended before you leave your house on Day 6, but is not required. If you test positive, remain in isolation for 10 full days. • If you leave your house on Day 6, <u>wear a well-fitting mask</u> around others at home and in public for a full 5 additional days (Days 6-10) <ul style="list-style-type: none"> ○ Cannot do any activities or go places where unable to wear a mask (ex. restaurant, gym), travel, or be around people at high risk for developing severe disease • If unable to mask (ex. <2 years of age), stay in isolation at home for 10 days
<p>Quarantine Exempt Close Contacts of a Person with COVID-19</p> <p>People who are up to date on vaccination at the time of exposure (received all recommended COVID-19 vaccines, including any booster dose(s) when eligible)</p> <p>People with laboratory confirmed COVID-19 in the last 90 days (excludes antibody tests or at-home antigen tests)</p>	<ul style="list-style-type: none"> • <u>Wear a well-fitting mask around others for 10 days</u> from the date of last exposure. • Test on day 5 (antigen or PCR), if possible. <p><i>If you develop symptoms, get a test and stay home until results are available. If positive, follow the guidance for cases outlined above.</i></p>
<p>Susceptible Close Contacts of a Person with COVID-19</p> <p>People who are fully vaccinated with Pfizer/Moderna over 5 months ago and no booster</p> <p>People who are fully vaccinated with Johnson & Johnson over 2 months ago and no booster</p> <p>People who are unvaccinated</p>	<ul style="list-style-type: none"> • Stay home for 5 full days (date of last exposure is Day 0). • If you leave your house on Day 6, <u>wear a well-fitting mask around others</u> for a full 5 additional days (Days 6-10). <ul style="list-style-type: none"> ○ Household contacts may have to quarantine more than 5 days (10 days of case's infectious period plus 5 day at home quarantine) • If you can't quarantine, you must wear a well-fitting mask for 10 days at home and in public • Test on day 5 (antigen or PCR), if possible • If unable to wear a mask (ex. <2 years of age), quarantine at home for 10 days <p><i>If you develop symptoms, get a test and stay home until results are available. If positive, follow the guidance for cases outlined above.</i></p>

Last updated 2/3/22

	Infected
	Exposed