

Healthcare Workers Isolation and Quarantine Guidance

Population	Conventional Staffing Guidance	Contingency Staffing Guidance	Crisis Staffing Guidance
Cases (Positive) Healthcare Workers with a positive COVID-19 test (regardless of vaccination status)	Conventional Staffing Isolate for 10 days OR 7 days with negative test ¹ , if asymptomatic or mildly symptomatic (with improving symptoms) If a healthcare worker returns to work during the 10 day infectious period, they should only work with COVID-19 infectious patients for the remainder of that period.	Contingency Staffing Isolate for 5 days with/without negative test if asymptomatic or mildly symptomatic (with improving symptoms) If a healthcare worker returns to work during the 10 day infectious period, they should only work with COVID-19 infectious patients for the remainder of that period.	Crisis Staffing No work restriction with prioritization considerations for asymptomatic or mildly symptomatic healthcare workers
Quarantine Exempt Close Contacts of a Person with COVID-19 Asymptomatic healthcare workers who are up to date on vaccination at the time of exposure (received all recommended COVID-19 vaccines, including any booster dose(s) when eligible) Asymptomatic healthcare workers with laboratory confirmed COVID-19 in the last 90 days (excludes antibody tests or at-home antigen tests)	Conventional Staffing No work restrictions with negative test on days 2 and 5-7 ²	Contingency Staffing No work restrictions	Crisis Staffing No work restrictions
Susceptible Close Contacts of a Person with COVID-19 Asymptomatic Healthcare Workers who are not up to date on vaccination or unvaccinated	Conventional Staffing Quarantine for 10 days OR 7 days with negative test	Contingency Staffing No work restrictions with negative tests on days 1, 2, 3 & 5-7 ²	Crisis Staffing No work restriction (test if possible)

Infected
 Exposed

Last updated 2/3/22

¹Negative test result within 48 hours before returning to work.

²For calculating day of test: 1) Case: day of symptom onset or date of sample (if no symptoms) is day 0; 2) Close Contacts: date of last exposure is day 0