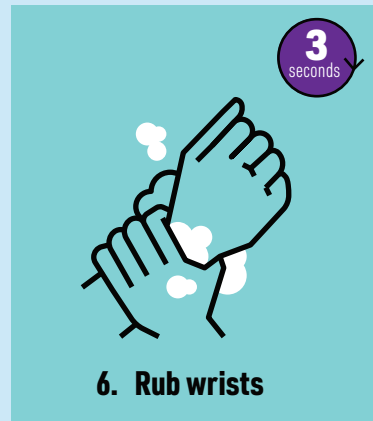


# The Ultimate Hand Wash

Follow these steps when washing your hands and never miss a spot.



Typical handwashing can leave germs behind.



● often missed    ● sometimes missed

- Prevents the spread of germs
- Reduces sickness
- Keeps you healthy



SEDGWICK COUNTY Health Department