<table>
<thead>
<tr>
<th>TABLE OF CONTENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome to Sedgwick County MRC.......................................................... 1</td>
</tr>
<tr>
<td>Program Contact Information ............................................................... 2</td>
</tr>
<tr>
<td>History and Purpose ............................................................................. 3</td>
</tr>
<tr>
<td>Public Health – Sedgwick County ......................................................... 4</td>
</tr>
<tr>
<td>Types of Volunteer Service ................................................................... 5</td>
</tr>
<tr>
<td>Scope of Volunteer Activity .................................................................. 6</td>
</tr>
<tr>
<td>Communicating with Volunteers ............................................................ 7</td>
</tr>
<tr>
<td>SGRedi Website ..................................................................................... 8</td>
</tr>
<tr>
<td>Registration ........................................................................................... 8</td>
</tr>
<tr>
<td>Forgot Log-In Information ................................................................. 10</td>
</tr>
<tr>
<td>Personal and Family Emergency Preparedness ........................................ 11</td>
</tr>
<tr>
<td>Be Informed ........................................................................................... 11</td>
</tr>
<tr>
<td>Make a Plan ............................................................................................ 11</td>
</tr>
<tr>
<td>Build a Kit .............................................................................................. 12</td>
</tr>
<tr>
<td>Additional Resources ............................................................................ 12</td>
</tr>
<tr>
<td>Deployment of Volunteers .................................................................... 13</td>
</tr>
<tr>
<td>Training ................................................................................................. 14</td>
</tr>
<tr>
<td>Training Resources ............................................................................... 14</td>
</tr>
<tr>
<td>MRC Core Competencies ....................................................................... 15</td>
</tr>
<tr>
<td>Code of Conduct ................................................................................... 16</td>
</tr>
<tr>
<td>Client Confidentiality ............................................................................ 17</td>
</tr>
<tr>
<td>Alcohol and Drug Use .......................................................................... 19</td>
</tr>
<tr>
<td>Personal Cell Phones ............................................................................ 19</td>
</tr>
<tr>
<td>Volunteer Dismissal .............................................................................. 19</td>
</tr>
<tr>
<td>Volunteer Health and Safety ................................................................. 20</td>
</tr>
<tr>
<td>Volunteer Information Release ............................................................. 21</td>
</tr>
<tr>
<td>Procedure For Volunteer Training ....................................................... 22</td>
</tr>
</tbody>
</table>
Welcome to the Medical Reserve Corps (MRC)

Dear Sedgwick County Medical Reserve Corps Volunteer,

On behalf of the Sedgwick County MRC, welcome and thank you for joining our team and making the Medical Reserve Corps a part of your volunteer activities.

Our MRC is a community-based program designed to develop a well-trained team of medical and non-medical volunteers who are willing to contribute their skills, time, and expertise to the community. These efforts ensure that we all may be better equipped to prepare for and respond to a wide range of emergencies, as well as to promote healthy living throughout the year.

Volunteers can choose how they would like to contribute their time and talents to the program. You may choose to assist only during a public health emergency or you may volunteer throughout the year by assisting in various areas of need within the Sedgwick County Health Department.

This handbook was created to give you important information about volunteering and will hopefully you to make the most of your MRC Program volunteer experience. For each volunteer opportunity you participate in, there will be more specific policies and procedures regarding your role; however, the majority of information will be learned "on-the-job."

Please take the time to read this handbook carefully. Use this document as your reference when you have questions or concerns. Please feel free to contact us directly for additional information or comments. We value your suggestions, comments, and professionalism to improve the coordination and response of our members to emergencies and other public health issues.

Once again, thank you and welcome to the Medical Reserve Corps!

Sincerely,

Arina Nuessen
Sedgwick County Volunteer Management Coordinator
## PROGRAM CONTACT INFORMATION

### MRC COORDINATOR

Arina Nuessen  
[arina.nuessen@sedgwick.gov](mailto:arina.nuessen@sedgwick.gov)  
316-927-3391

### PREPAREDNESS PROGRAM MANAGER

Stephanie Kowaleski  
[Stephanie.Kowaleski2@sedgwick.gov](mailto:Stephanie.Kowaleski2@sedgwick.gov)  
316-660-7905

### MAILING ADDRESS

Medical Reserve Corps  
Public Health  
Preparedness  
Public Health – Sedgwick County District  
1900 E. 9th St  
Wichita, KS 67214

### ONLINE

[https://www.sedgwickcounty.org/health/medical-reserve-corps/](https://www.sedgwickcounty.org/health/medical-reserve-corps/)
There was an outpouring of support for the emergency relief efforts after the terrorist attacks on September 11, 2001. Many Americans asked, “What can I do to help?” Medical and public health professionals were among those who wanted to volunteer their services. It was soon discovered that using medical-related volunteers in emergencies requires a careful and organized approach. Despite having the necessary medical skills and knowledge, volunteers could not be used as there was no way to systematically identify and credential them in advance. In addition, there was neither sufficient time nor capability to accomplish these tasks in the aftermath of the attacks.

The anthrax attacks in the fall of 2001 reinforced the need for pre-identified and trained supplemental healthcare personnel to assist with public health emergency operations, such as mass antibiotic dispensing or immunizations. During the anthrax response, medication was provided to almost 40,000 individuals, testing the capabilities of the current medical personnel available. If the event was larger, the responders would be overwhelmed and additional personnel would have been needed.

Out of these tragedies, the USA Freedom Corps was established to provide Americans with meaningful opportunities to serve. The USA Freedom Corps became the umbrella agency for the existing organizations of AmeriCorps, Senior Corps, and Peace Corps. The newly organized Citizen Corps joined these well-established volunteer organizations.

Citizen Corps was created with the prime purpose to coordinate volunteer activities that will make our communities safer, more resilient, and better prepared to respond to any emergency situation. The different organizations within the Citizen Corps provide opportunities for people to participate, depending on their skills and personal interests, in a range of organizations to make their families, their homes, and their communities safer from the threats of crime, terrorism, and disasters of all kinds.

Citizen Corps offers citizens the opportunity to volunteer through the Medical Reserve Corps (MRC), Neighborhood Watch, Community Emergency Response Teams (CERT), Volunteers in Police Service (VIPS), and Fire Corps.

The Medical Reserve Corps (MRC) plays an integral part in the overall preparedness and response strategy. It provides a way for citizens to offer their skills and expertise during public health emergencies, as well as promote healthy living throughout the year.

The core concept of the MRC is pre-identifying, training, and organizing volunteer medical, non-medical, and public health professionals to strengthen their communities. Now, with the MRC in place, a formerly untapped community resource is available to the community in emergencies and ongoing efforts in public health.
The Sedgwick County Medical Reserve Corps serves all five districts within the county. This area has a population of approximately 500,000 people and encompasses an area of over 1,000 square miles.

The location that an MRC member may respond to is not necessarily pre-determined, but may be inside or outside the volunteer’s home area. Since an emergency may only affect part of an area, members may have the opportunity to serve in one of the other counties in the health district, if the need arises and they are available.

Situations may also arise where we are asked to help serve in the other health district areas. Again, this depends on the nature of the event, and the availability and interest of the volunteer.
Roles and responsibilities depend on the member’s expertise, interest, and training. All volunteer service with the MRC Program is optional depending on the volunteer’s experience and interest. Below is a snapshot of the types of activities in which MRC Volunteers may be involved.

**DURING AN EMERGENCY**

- **Medical-related Volunteer**
  - Immunization and dispensing medications
  - Clinic preparation (fill syringes, measure medications, etc.)
  - Interviews for patient history
  - First responder (initial assessment and vital signs)
  - Triage
  - Treatment
  - Health education
  - Phone screening and consulting
  - Distribution of medications and supplies
  - Communicable disease control measures
  - Supporting health needs of vulnerable populations
  - Integration with local, regional, and statewide initiatives
  - Shelter care

- **Non-Medical Volunteer**
  - Patient intake (distributing forms, assisting clients with forms, etc.)
  - Information/communication
  - People movers/crowd control/line management
  - Interpreters
  - Radio operators
  - General administrative tasks
  - Record keeping/data management
  - Providing comfort to those affected

**NON-EMERGENCY**

- **Medical and Non-Medical Volunteers**
  - Assist with seasonal flu vaccination clinics
  - Staff community health fairs
  - Participate in preparedness training and exercises
  - Assist with general administrative projects at the health department
  - Assist with providing health education to community groups
SCOPE OF VOLUNTEER ACTIVITY

MRC Volunteers safety and well-being is the first priority during any MRC related activity. To ensure safety and well-being, MRC Volunteers are given roles that best fit their skill sets and experience.

SCOPES OF WORK

Each time a volunteer participates in an activity as an MRC Volunteer, they will be asked to sign a "Scope of Work." This document outlines the activities or job duties that the volunteer will be doing while “on the job” to assist the volunteer in understanding their role in advance. These activities are outlined in their signed Scope of Work.

MEDICAL VOLUNTEERS

For volunteers with medical training and experience, the scope of the volunteer’s clinical work is determined by law. Some restrictions on this scope of practice may be changed in the event of a public health emergency. Volunteers will be notified and trained in the event that the scope of their work changes through "Just-In-Time" training.

The status of a volunteer’s professional license may also affect the scope of activity. SGRedi will verify licenses every six months.

Some training, exercises, and real events do not require medical volunteers. Volunteers with a medical background are always welcome to participate in activities as a non-medical volunteer.

NON-MEDICAL VOLUNTEERS

For volunteers without specific medical training and experience, the scope of work is determined by the type of activity where volunteers are needed, whether it is an emergency or non-emergency event.

The volunteer’s specific role will be determined by the leadership of the emergency response activity or by the MRC Coordinator. There are many volunteer opportunities for people without a medical background, especially in times of emergency. Please refer to the types of volunteer roles.
COMMUNICATING WITH VOLUNTEERS

We make every effort to stay in regular contact with all MRC members and utilize a variety of methods to distribute information. Methods of communication are listed below. These methods will vary depending on the situation (ongoing interactions versus a formal call-out for an emergency situation). No volunteer’s contact information will be shared for non-MRC purposes or without their explicit consent.

1. Email: the use of individual and group messages has proven to be a very efficient method of reaching members who have regular access to the internet. This will be our primary means of communication, whenever possible.
2. Direct phone calls: this method will be used to help streamline and expedite member contacts in an emergency.
3. Website: members are strongly encouraged to check the following websites on a regular basis for program information and other updates:
   a. www.sedgwickvols.galaxydigital.com (SGRedi website)
   b. www.sedgwickcounty.org (Sedgwick County website)
4. Printed mail: printed mail primarily consists of the MRC Newsletter and other non-emergency communication regarding program activities and upcoming events.
5. In-Person Meetings and Training Sessions: every time members congregate, there is an opportunity to strengthen communications. Any scheduled session can include kickoff announcements, follow-up socializing, and informal sharing of ideas.
The SGRedi website ([www.sedgwickvols.galaxydigital.com](http://www.sedgwickvols.galaxydigital.com)) is a countywide, online tracking system for volunteers. It allows the verification of credentials of volunteers by comparing them to Federal and State licensing board data prior to calling volunteers for duty. Volunteers can sign up for available opportunities throughout the county. This includes a EMS Ride-Along for citizens of the Medical Reserve Corp. To register, log onto ([https:// sedgwickvols.galaxydigital.com/user/login/](https:// sedgwickvols.galaxydigital.com/user/login/)) and click "Haven't Signed Up Yet? Click Here"

**TO SIGN UP FOR OPPORTUNITIES**

**Step 1:** Go to the SGRedi website ([https://sedgwickvols.galaxydigital.com](https://sedgwickvols.galaxydigital.com)) and click on opportunity from the navigation bar.

**Step 2:** Once you have found the desired "Opportunity", click on "View Details" next to the opportunity.
<table>
<thead>
<tr>
<th>Opportunity/Program</th>
<th>On-Time</th>
<th>Acting</th>
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<td>On-going</td>
<td>Details</td>
</tr>
<tr>
<td>Medical Reserve Corps Sign up for Medical Volunteer(s) (Please Read Description)</td>
<td>On-going</td>
<td>Details</td>
</tr>
<tr>
<td>Medical Reserve Corps.</td>
<td>On-going</td>
<td>Details</td>
</tr>
<tr>
<td>Medical Reserve Corps Sign up for Non Medical Volunteer(s) (Please Read Description)</td>
<td>On-going</td>
<td>Details</td>
</tr>
<tr>
<td>Medical Reserve Corps.</td>
<td>On-going</td>
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<tr>
<td>SDG17 Advocacy Signing</td>
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<td>SDG17 Advocacy Program</td>
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<td>Details</td>
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<tr>
<td>Adopt a Senior</td>
<td>On-going</td>
<td>Details</td>
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**Step 3:** Click on "Sign Up" and follow the prompts to select your desired shift.
FORGOT LOG-IN USERNAME OR PASSWORD?

Visit https://sedgwickvols.galaxydigital.com/user/passwordRecover/ and select “Forgot your password?” and enter your email to begin the recovery process.

Welcome to the MRC Program and SGRedi!

Through either the SGRedi system or the MRC Coordinator, you will be notified if your services are needed for an event – both emergency and non-emergency (see Deployment of Volunteers for more information). After being notified, you will then have an opportunity to review details of the event before you respond with your willingness and availability to participate.

The online system gives you great flexibility to run reports on your participation. It also provides reminders if your credentials are close to expiration.

Please contact the MRC Coordinator anytime if you have any questions or if you need any further assistance.
PERSONAL AND FAMILY EMERGENCY PREPAREDNESS

In an emergency, we understand that your family, friends, and neighbors are going to come first – before you volunteer to help the general community. We highly recommend that you take action to help ensure that you and those you care about are prepared for an emergency. Ensuring that you are well-prepared at home and at work to deal with an emergency situation will allow you to be ready to respond in an emergency as a volunteer when you are needed. Emergency preparedness requires proper planning, organization, and practice, but its pay-off is invaluable.

Included here is a very brief discussion on steps to take to ensure you are prepared to deal with an emergency. There are many resources available that go into more detail. Some of these websites are listed at the end of this section.

BE INFORMED

One of the most important things to do is to be informed. Learn about the possible emergencies that could happen in your area. Understand the emergency plans that exist within your local government (e.g., state, county) and other locations specific to you: schools, places of work, etc.

Additionally, when an emergency occurs, your ability to access information is going to be very important, so make sure that you are able to stay informed. One way to do this is having a battery-powered radio available in case the power goes out.

MAKE A PLAN

Develop an emergency plan for yourself and/or your family. Your plan should include information that is specific to you, your family, and your home. Here are some things your plan should include:

- **Contact Information:** Have a point of contact that your family knows to call in an emergency. This could be an aunt or cousin who lives out of the area (relatives who live in your area might be too busy dealing with the emergency situation to act as your emergency contact). If your family is not in the same place when an emergency occurs, you can use your point of contact to check in with everyone and get information out to each other.

- **Pick 2:** Pick two routes that your family could use to evacuate your home. For example, if you had a house fire, pick two routes to use if you had to evacuate your neighborhood. If there was a major flooding or your neighbor’s house had a gas leak, Choose two routes to give yourself options if one way is blocked.

In addition, pick two meeting places – one should be just outside your home (such as your neighbor’s tree in their front yard) and one could be somewhere in your neighborhood (like a
church parking lot). This way when you have to evacuate either your home or neighborhood, your family knows where to meet if you happen to be separated.

- **Practice your plan:** Make sure everyone in your home is aware of the plan. Practice your evacuation routes and your communication plan. Make sure everyone in your home understands when and how to use the plan.
Build a Kit

Part of your emergency plan should include emergency supplies. The supplies that you put in your emergency kit should be specific to you and your family. Do you have young children? Do you or anyone in your family take prescription medications? Do you have pets? These are just some of the questions you should consider when building your kit. Below is a brief list of items that are common when building an emergency supply kit.

- Non-perishable food: roughly enough for each person for at least 3 days
- Water: 1 gallon per person per day
- Medication (include prescription medication if needed): aspirin, antacid, rubbing alcohol, antiseptic/hydrogen peroxide
- First Aid Kit
- Sanitation Items: toilet paper, household bleach, soap, personal hygiene items, feminine hygiene items, disinfectant.
- Clothing and Bedding: include at least one complete change of clothes and shoes for each person
- Important family documents: insurance policies, bank account numbers, important telephone numbers, passports, social security cards, family records (birth/marriage certificates)

Where to Go for More Information on Personal and Family Preparedness

www.ready.gov: Sponsored by FEMA, this is a national resource to help guide you in putting together a kit, making a plan, and being informed.

DEPLOYMENT OF VOLUNTEERS

The primary focus of the Sedgwick County MRC Program is the activation and deployment of volunteers within our local five districts within the county. At this time, MRC Volunteers learn about volunteer opportunities in two ways:

1. Online through SGRedi (via email)
2. Directly through the MRC Coordinator (via email or telephone)

Even if you are initially notified of an opportunity through SGRedi, the MRC Coordinator will follow up with you to ensure that you receive specific details and information on the situation and that you are able to have any questions answered.

An emergency situation may arise where MRC Volunteers are needed outside of our health district area. If this occurs, we will work with those volunteers who are available and interested in traveling to assist where needed.

For any volunteer opportunity that is made available to you, the choice is always yours as to whether or not you participate.
Training provides volunteers the knowledge and skills necessary to perform their work effectively, safely, and with confidence. It also provides the MRC Coordinator with clear documentation that the volunteer was provided with the information that they needed to carry out their duties competently.

The Sedgwick County MRC Program provides training for volunteers in a variety of methods. Some methods of training, such as "Just-in-Time Training" (JITT), are used primarily during emergency response operations or large scale exercises. Other methods of training are listed below.

Modes of delivering training include:

- Short briefings – as included in our “Just-in-Time” project specific training
- Classroom instruction
- Workshops
- Exercises – drills, tabletop, and full-scale
- Self-paced online courses

All trainings are offered at no cost to MRC Volunteers.

In compliance with Federal guidelines and the standardized MRC Core Competencies, 100% of our unit members must complete IS/ICS 100 (Introduction to Incident Command System) and ICS 700 (National Incident Management System, An Introduction) within 6 months of their MRC Volunteer Orientation. The information for this training is included under Training Resources.

There is the potential for some MRC Volunteers who may hold a supervisory or leadership role in an emergency response to complete the ICS 200 (ICS for Single Resources and Initial Action Incidents) and ICS 300 (Intermediate ICS). Participating in these higher level trainings will be based on the volunteer’s expected position and level of responsibility; before they are able to serve in the role they have been assigned.

**TRAINING RESOURCES**

FEMA’s website for Independent Study Courses [http://training.fema.gov/IS/crslist.asp](http://training.fema.gov/IS/crslist.asp) provides a wealth of opportunities for free, online training in a wide range of emergency management topics. You are welcome to take any of the trainings that interest you.

The courses that are required for MRC Volunteers are:

- IS 100: Introduction to Incident Command System (ICS)
  [http://training.fema.gov/EMIWeb/IS/IS100b.asp](http://training.fema.gov/EMIWeb/IS/IS100b.asp)
• IS 700: National Incident Management System (NIMS), An Introduction http://training.fema.gov/EMIWeb/IS/is700.asp
The Medical Reserve Corps (MRC) is a national network of engaged local volunteers. MRC volunteers are organized and trained to strengthen public health, reduce vulnerability and disaster risk, build resiliency and adaptive capacity, and improve community preparedness, response, and recovery capabilities.

The Competencies for Disaster Medicine and Public Health (DMPH) are widely understood to be the knowledge needed for a health care professional and/or first responder to perform a task in a safe and consistent manner. Utilizing the DMPH Competencies as the baseline core competency set for MRC volunteers makes collaboration between MRC units and other partner organizations more efficient.

Organized into four Learning Paths, the Core Competencies for Disaster Medicine and Public Health represent a baseline level of knowledge and skills that all MRC volunteers should have, regardless of their role within the MRC unit. Because the DMPH Competencies establish only a minimum standard, units may choose to expand on the competencies in order to train volunteers at a more advanced level.

<table>
<thead>
<tr>
<th>MRC Core Values:</th>
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<tr>
<td>Community: Honor the community-based nature of the MRC and recognize its spirit of volunteerism.</td>
<td>Action: Seek opportunities to develop meaningful initiatives that support community medical and public health volunteerism and service.</td>
</tr>
<tr>
<td>Resourcefulness: Maximize the potential to learn, and leverage relationships and assets to the fullest extent.</td>
<td>Resourcefulness: Maximize the potential to learn, and leverage relationships and assets to the fullest extent.</td>
</tr>
<tr>
<td>Teamwork: Embrace collaboration and work collectively to achieve the mission.</td>
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</tr>
<tr>
<td>Diversity: Accept and respect the cultural identity of all.</td>
<td>Diversity: Accept and respect the cultural identity of all.</td>
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### Volunteer Preparedness
- Demonstrate personal and family preparedness for disasters and public health emergencies. **DMPH 1.0**
- Demonstrate knowledge of personal safety measures that can be implemented in a disaster or public health emergency. **DMPH 5.0**

### Volunteer Response
- Demonstrate knowledge of one’s expected role(s) in organizational and community response plans activated during a disaster or public health emergency. **DMPH 2.0**
- Communicate effectively with others in a disaster or public health emergency. **DMPH 4.0**
- Demonstrate knowledge of surge capacity assets consistent with one’s role in organizational, agency, and/or community response plans. **DMPH 6.0**
- Demonstrate knowledge of principles and practices for the clinical management of all ages and populations affected by disasters and public health emergencies, in accordance with professional scope of practice. **DMPH 7.0**

### Volunteer Leadership
- Demonstrate situational awareness of actual/potential health hazards before, during, and after a disaster or public health emergency. **DMPH 3.0**
- Demonstrate knowledge of public health principles and practices for the management of all ages and populations affected by disasters and public health emergencies. **DMPH 8.0**

### Volunteer Support for Community Resiliency
- Demonstrate knowledge of ethical principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency. **DMPH 6.0**
- Demonstrate knowledge of legal principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency. **DMPH 10.0**
- Demonstrate knowledge of short- and long-term considerations for recovery of all ages, populations, and communities affected by a disaster or public health emergency. **DMPH 11.0**
CODE OF CONDUCT

All volunteers of the Sedgwick County MRC Program shall meet the following standards of conduct.

AS AN MRC VOLUNTEER, I SHALL:

- Maintain and abide by the standards of my profession, including licensure, certification, and/or training.
- Dress appropriately for the job assignment and environment.
- Put safety FIRST in all MRC activities and always promote safe work practices.
- Respect and use any equipment appropriately.
- Maintain the confidentiality of all information related to MRC volunteer activities unless otherwise authorized by supervisor, project lead, or MRC Coordinator.
- Report injuries, illnesses, and accidents to the appropriate staff member immediately.
- Refer any request from the media for information or comments directly to my direct supervisor, project lead, or MRC Coordinator.
- Accept the chain of command and respect others regardless of position.
- Treat others with courtesy, sensitivity, tact, consideration, and humility.

AS AN MRC VOLUNTEER, I SHALL NOT:

- Act in the capacity of a MRC Volunteer at any time without prior authorization/deployment from the Sedgwick County MRC Program.
- Use Sedgwick County MRC or partner agency/organization equipment or resources for personal use.
- Respond for duty under the influence of alcohol, prescription/non-prescription medication, or any other substances that may influence my ability to perform assigned tasks to the very best of my ability.
- Use profane language and/or engage in disruptive behavior including what could be considered physical or sexual abuse, or harassment.
- Accept or seek on behalf of myself or any other person, any financial advantage or gain as a result of my affiliation with Sedgwick County or the MRC.

CONFIDENTIALITY

Volunteers are responsible for maintaining the confidentiality of all proprietary or privileged information to which they may be exposed to while serving as a volunteer. This includes information involving staff, volunteers, patients, or any other information deemed sensitive. All MRC Volunteers will receive training on, and must strictly adhere to, HIPAA policy in regards to confidentiality.

Failure to maintain confidentiality may result in termination of the volunteer’s relationship with the program or other corrective action.
Prior to participating in volunteer activities, all MRC Volunteers will need to sign a copy of the "Client Confidentiality Pledge" stating that he/she has read and understands the policy. A current, signed copy of this form will be maintained with each volunteer’s records. A copy is provided on the following page for the volunteer’s own records.
CONFIDENTIALITY POLICY

GENERAL INFORMATION

All employees, volunteers, college/university interns, work-study personnel, and other agency employees working with Public Health Emergency Preparedness (PHEP) for Sedgwick County are required to maintain confidentiality regarding other employees, clients and business establishments. A breach in confidentiality is grounds for immediate termination from employment or termination of the agreement for a voluntary placement.

All Sedgwick County PHEP employees, volunteers, college/university interns, work-study personnel, and other agency employees working with PHEP clients and will sign a “Confidentiality Policy and Release of Information” form (see below), which will be kept by the Human Resource Manager.

Confidential information about employees, clients or business establishments may be released to authorized providers and/or the client with a signed consent from the client. Requests for confidential information will be referred to supervisory staff.

All confidential written and printed material, which does not require storage (i.e. telephone messages, computer printouts, line listings) is shredded or recycled with a bonded company when it is no longer needed.

Records are the ultimate responsibility of the Director and that responsibility may be delegated to the Human Resource Manager or Division Directors. Medical records are destroyed based on the Records Retention Policy.

Confidentiality of employees, clients and/or establishments pertaining to District activities will be maintained at all times. This includes while on the job, after work and when no longer employed by this organization.

EXEMPTIONS TO PUBLIC RECORDS LAW (9-340)

Records that shall not be released for public review include the following:

- Client medical records;
- Industry “trade secrets”, section 9-340 (4) (i);
- Personnel Information, section 9-340 (3) (a); and
- Records may contain both exempt and non-exempt material. The public agency is responsible for separating the exempt from the non-exempt information and supplying the non-exempt record. The Law prohibits denying access based upon the fact that the record contains both types of material.

BREACH OF CONFIDENTIALITY
In the event that a volunteer or employee becomes aware that he/she has revealed a confidence, he/she shall notify his/her supervisor immediately, no matter the time or day. If the appropriate supervisor is unavailable, the incident should be reported to the Director immediately, and as soon as possible to the Supervisor.
FOR VOLUNTEERS, INTERNS, AND WORK-STUDY STUDENTS:

As a volunteer, college/university intern, work-study student, or other agency employee, I have read and understand the Public Health – Sedgwick County Confidentiality Policy and agree to follow the policy. I will immediately notify Public Health – Sedgwick County supervisory staff and my instructor/organization if I breach confidentiality. I understand that I may be asked to leave my position as a volunteer immediately.

Please sign below and initial the way you sign and initial charts.

________________________________________________________________________
Print name of Student/Volunteer Initials

________________________________________________________________________
Signature of Student/Volunteer Date

________________________________________________________________________
School or Agency Name you are affiliated with Date

________________________________________________________________________
Sedgwick County Supervisor or Employee Date
ALCOHOL/DRUG USE

At any time while serving as part of the MRC Program (in an emergency or as part of a non-emergency public health activity), volunteers must not be under the influence of alcohol, illegal drugs, prescription/non-prescription medication, or any other substance that may influence their ability to perform their assigned duties. Failure to adhere to this rule will result in termination of the volunteer’s relationship with the MRC Program.

PERSONAL CELL PHONES

When participating in emergency response operations, volunteers fall under the same operations guidance as health department staff. As such, you may be asked to keep personal cell phones on vibrate/silent or kept in a staff break room area. Your immediate supervisor (during operations) or the MRC Coordinator will provide you with this information at the time of the event.

When volunteering in non-emergency capacities, your project lead or supervisor will determine when and how you may use your personal cell phone. In some instances, there may be no cell phone usage guidelines; in other, you may just be asked to keep it on silent/vibrate so that you do not disturb health department clients.

We do understand that you might have special circumstances or an emergency situation. If you are able to, please communicate any issues with your direct supervisor or project lead.

If you have an emergency, please feel free to address that, but communicate the situation with your direct supervisor or project lead so that other staff and clients can maintain their safety.

VOLUNTEER DISMISSAL

Participation in the MRC Volunteer Program is entirely optional. At any time, volunteers may decide to cease being part of the program. However, a volunteer who wishes to end their volunteering must inform the MRC Coordinator and any materials or equipment related to his/her volunteer service must be returned to Sedgwick County.

Volunteers who do not adhere to the rules and procedures of the Sedgwick County MRC Program or who fail to satisfactorily perform their volunteer assignment are subject to dismissal.

Possible grounds for dismissal may include, but are not limited to, the following:

- Gross misconduct or insubordination
- Theft of property or misuse of agency materials
• Abuse or mistreatment of clients, staff, or other volunteers
• Misrepresentation of the agency or program
• Failure to abide by MRC or partnering agency/organization policies and procedures
• Failure to satisfactorily perform assigned duties
Maintaining the health and safety of our volunteers is one of the key goals of the MRC. No job is considered so important or urgent that personnel cannot take the time necessary to learn how to perform their job safely and use personal protective equipment (PPE) that might be needed for their role. Volunteers must wear proper PPE as appropriate for the nature of their job assignment at all times. This equipment may include, but is not limited to: gloves, masks, eye protection, and other safety items.

During an orientation to a job or role, the supervisor on-scene will discuss all applicable safety and health rules with you. If you are unclear about any safety policies or procedures, ask your on-scene supervisor or the MRC Coordinator. Safety in an emergency response is everyone’s responsibility, so please make sure you understand the procedures. Failure to adhere to safety guidelines and/or endangering another volunteer, responder, or civilian shall be grounds for dismissal from the Sedgwick County MRC Program.

As an MRC Volunteer, you have ultimate responsibility for your own safety and health. This includes using all required safety devices. You must notify the MRC Coordinator and the on-scene supervisor of any physical conditions such as drowsiness due to medication, illness, or emotional strain, which may affect your performance and safety. If you are not physically able to perform the tasks that you are given, please let the MRC Coordinator or your direct supervisor know, so that you can be re-assigned to a role that better suits you. You are expected to immediately report all work-related accidents, and illnesses to your on-scene supervisor or the MRC Coordinator.

If you suffer from asthma, allergies or any other medical condition that you require medication for and you are asked to volunteer, please be sure to bring a supply of your medication with you. Especially during times of emergency, it may be difficult for you to access additional medical supplies. Let your on-scene supervisor, as well as someone who is volunteering with you, know how to assist you if you become ill. It is recommended that you carry some kind of identification or information that helps others know your medical condition for example, information in your wallet or purse that includes condition, medication, primary care physician, and emergency contact.

It is recommended that all volunteers stay up-to-date on their immunizations, including tetanus (tetanus with pertussis for those under 64), influenza, and hepatitis A and B, along with a current tuberculosis (TB) test. If you are unsure about which vaccinations you might need, please contact your primary care physician.
CONSENT FOR RELEASE OF INFORMATION

As an MRC Volunteer, there may be activities that you participate in where photographs are taken and interviews are conducted. This may happen during training, exercises, and real event responses.

In addition, each volunteer may be photographed for identification purposes. Photographs may be used on the website, in newsletters, and other publications.

Below is a copy of the standard health department Information Release form

Media Consent

I agree to allow Sedgwick County to use a photograph/video of my child or myself for Public Health promotional pamphlets, reports, or media reporting. Public Health agrees that this photograph/video will not be used for other purposes without consent.

(Name of person in photo/video)   (Date)

(Signature of person granting permission)   (Relationship)
I. PURPOSE:
SCHD along with the Kansas MRC guidance, developed a standardized training requirement. The focus is on a basic, primary level of training that each unit will strive to complete. This will ensure that all KS MRC volunteers have completed the same minimum level of training. Once the basic level of training has been institutionalized, the Kansas MRC unit leaders will work towards developing more advanced training levels.

II. SCOPE:
SCHD along with Kansas MRC program developed a State standard Training Plan. The MRC Training Plan utilizes KS Train and SGRedi which allows for monitoring a volunteer’s progress. The training elements are ICS 100, IS 700, IS 22 or a family preparedness plan, Psychological First Aid (PFA), and an MRC Orientation. Each element is associated with a specific core competency.

III. TRAINING AND OTHER REQUIREMENTS:

Level 4 Entry Level Volunteer Training:
- Successful completion of the MRC application and passing of a background check.
- Psychological First Aide ID #1104263
- Sign and return MRC Handbook items and the acknowledgement form to: mrc@sedgwick.gov or the MRC Coordinator.

Level 3 Deployable Volunteer Training:
- Completion of IS.100 “intro to the Incident Command System.”
- Completion of IS.700 “An Intro to the National Incident Management System
- Personal & Family Preparedness ID# 1022214

Level 2 Advanced Deployable Volunteer Training
- IS.200 “Basic Incident Command System for Initial Response ID# 1084004
- IS. 800 D National Response Framework, An Introduction ID#1091330

Level 1 Leadership Training
- KLC Leadership Training Step 1
- Building Community Partnerships ID# 1102995
- Volunteer Management ID# 1101321

VI: References
- Kansas Guide to Forming a Medical Reserve Corps Unit
- Sedgwick County Health Department ESF-8 Program
- Sedgwick County Emergency Management Emergency Operations Procedures