



COURSE MONITOR INFORMATION

You will be assigned to a particular street intersection along the course.

Specific responsibilities:

- Keep runners safe.
- Assist the runners.
- Be an ambassador to the public.
- **Offer Moral Support, Cheer on the Runners**

On Race Day:

- Be at your designated location **NO LESS than 20 minutes** before the first runner reaches your location.
- Park cars on a side street near where you are stationed. **DO NOT PARK ON COURSE!**
- There is a lead car and bicyclists who will be in-front of the first runner.
 - You should be able to see and hear them well before the runners get to you.
- *How to know you are done:*
 - A trail car will be following the final runner, followed by a course closure vehicle.
 - Do not leave your intersection until you are cleared to do so.
 - *Return your vest to the trail car and you are free to go.*
 - Approximate release time will be noted on your information card
- If you need to be replaced, contact your Zone Leader immediately.

Safety monitor:

- *Be visible - ALWAYS wear the safety vest OVER ALL OTHER CLOTHING.*
- Help drivers cross the course without endangering the runners.
- Stand in the intersection where drivers can see you.
- When a driver approaches, get their attention.
 - Make eye contact, use large arm movements.
 - Be polite but in control. Have drivers move the way ASAP without endangering runners.
- Show runners next direction to go, especially at/through the intersections. Use large arm movements and shout the way to go. GO LEFT or GO RIGHT – don't be afraid to shout.

If a runner needs First Aide

- If you can help, do so.
- If additional help is needed, call your Zone Leader, the race operation or 9-1-1.
- Let the runner know EMT or SAG will be there soon.

Be sure to wear weather appropriate clothing and comfortable shoes!

- You can bring water, coffee or snacks, but restroom breaks are not guaranteed.

If you have any questions, reach out to Marshall Whitworth, marshall@wichitasports.com or 660.679.1459

Thank you for your help!
See you at the Century II for the post-race event.