

Birth Support Classes

Taught by Wesley
Healthcare Nurses

Learn the basics of birth planning and breastfeeding – attend one or both classes.

- Birth Planning Essentials
- Breastfeeding Essentials



- No-cost class(es)
- Childcare and food provided
- Registration required
- Questions? Email MCH@sedgwick.gov

Scan the QR Code or visit:
www.schd.online/Birth-Support-Classes

WHEN: Fourth Wednesday* of each month | 5:30–7:00 PM

BREASTFEEDING ESSENTIALS: JAN, MAR, MAY, JUL, SEP, NOV*

BIRTH PLANNING ESSENTIALS: FEB, APR, JUN, AUG, OCT, DEC*

WHERE: Sedgwick County Health Department, 1900 E. 9th St. N., Wichita, KS 67214

*Third Wednesday due to holiday. (Classes alternate monthly. See full schedule online.) Classes are offered in English only. Por el momento, las clases se imparten únicamente en inglés.



SEDGWICK COUNTY
Health Department