

## MENTAL HEALTH INTERVENTION TEAM

The Mental Health Intervention Team (MHIT) program was established to address challenges schools were experiencing through increases in students (and families) with mental health needs. The MHIT program helps eliminate barriers for students and families that could benefit from mental health services and to access the local community mental health centers (CMHC) by providing therapy and case management in the school setting. COMCARE has participated in this program since its inception, and currently has partnerships with multiple school districts within Sedgwick County.

## CASE MANAGEMENT

Case Management, a community based service program, plays a fundamental and critical role in the treatment of children with serious emotional disturbances. The case manager, known at COMCARE as Integrated Care Specialists (ICS) coordinates any services that are needed to help the child remain in the home. A case manager also assists the family in developing a treatment plan in conjunction with the treatment team. In addition, the case manager provides direct care to children in assisting them to reach their treatment goals through a service referred to as Community Psychiatric Support and Treatment.

### The role of the Case Manager is to:

- Help the family recognize their own strengths and use these strengths to reach their goals.
- Teach family members how to make their own decisions while getting the help they need from community agencies.
- Work with the child and family through role-modeling, skill building, and service activities while developing close relationships with all family members.

COMCARE's Children's Services is available to children up to 18 years (age 22 in certain circumstances) who have serious emotional and social problems that disrupt community, school and family relationships.

Children who meet the criteria for serious emotional disturbance may be eligible for various community based services and can be referred to COMCARE's Children's Services by a family member, physician, therapist, psychologist, teacher, school counselor, or other concerned person.

Through the treatment and services available today at COMCARE's Children's Services there is hope for families to be able to raise their children in their homes and for children to lead productive lives.



# COMCARE

A Certified Community Behavioral Health Clinic

### FIRST APPOINTMENT

To schedule an appointment with COMCARE's Children's Services, please call 316-660-9605.

*Affiliate and Contractor organizations include:  
The Mental Health America of South Central Kansas,  
Pyxis, and DCCCA*



# Children's Services

### FIRST APPOINTMENT - 316-660-9605

1938 N. Woodlawn St, Suite 400  
Wichita, KS 67208

### Open Access Hours

Mon: 8am-11am | Wed & Fri: 8am-11am and  
12:30pm-2:30pm

*Holidays may cause a change in availability*

### CRISIS INTERVENTION SERVICES

**316-660-7500**



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## THErapy CLINIC

Individual, Group and Family therapy is also available at COMCARE's Children's Services (CS). Therapists can assist the child and family to develop strategies to reduce symptoms, manage stress, improve family relationships and improve behavior. All therapists at CS are licensed in the state of Kansas to provide psychotherapy.



## MEDICAL SERVICES

A Board Certified Child and Adolescent Psychiatrist is on staff to evaluate the need for medication, prescribe as necessary, and provide ongoing medication management for children in this program. An Advanced Practice Registered Nurse (APRN) and a Registered Nurse (RN) support Medical Services.

## ATTENDANT CARE SERVICES

Attendant Care Services is provided on a one to one basis with a provider spending time with individual children and assisting them to reach their treatment goals. The primary focus of this service is to provide medically necessary maintenance and support to the child.

## PSYCHOSOCIAL REHABILITATION INDIVIDUAL/GROUP

Psychosocial rehabilitation is a community-based service provided by COMCARE's Children's Services and through various contractors in the community.

This service is provided to children individually or in groups with a focus on reducing functional impairments related to the child's mental health diagnosis. Psychosocial Rehabilitation utilizes activities to assist the child in achieving their treatment plan goals.

## THE HOME AND COMMUNITY-BASED SERVICES FOR CHILDREN WITH SERIOUS EMOTIONAL DISTURBANCE WAIVER

The HCBS/SED Waiver allows children who would otherwise need institutional care at a state mental health hospital, to access a state covered insurance plan. In addition, this insurance plan provides for an array of mental health services with a focus on assisting the child to remain in their home, school and community.

### These services include:

- Parent Support and Training
- Professional Resource Family Care
- Wraparound Facilitation
- Respite Care
- Attendant Care

## PARENT SUPPORT AND TRAINING

This program allows parent(s) of children with serious emotional disturbances (SED) to act as consultants and support to other parents. Integrated Care Specialists work with families to procure services and may provide school advocacy to meet the needs of the family unit. Parents Support Specialist may also participate in treatment plans as family advocates.



## WRAPAROUND FACILITATION

Wraparound Facilitation involves the development of an individualized plan of care based on the child and family's strengths and needs. This service also provides assistance to parents in completing all necessary paperwork for the SED waiver. In addition, wraparound facilitators monitor services with the family and make changes to the plan of care as needed.

## RESPITE CARE

Respite Care is a planned, short term break for the child and family. This allows the child and family to have time apart while ensuring that the child's needs are being met.

*Contractual Services through COMCARE affiliates:  
Pyxis and DCCCA*