


2022 Annual Report Sedgwick County Suicide Prevention Coalition



**Suicide
isn't the answer**

We are here 24/7
660-7500

Sedgwick County...
working for you

Suicide Prevention Coalition **YOU'RE NOT ALONE**



Thank You!

- Sedgwick County Health Department
 - Kaylee Hervey
 - Kenny Lee
- Sedgwick County Regional Forensic Science Center
- COMCARE
 - Michelle Calvert
 - Jennifer Wilson
 - Regina Hafner-Stout



SEDGWICK COUNTY
Health Department



COMCARE
A Certified Community Behavioral Health Clinic

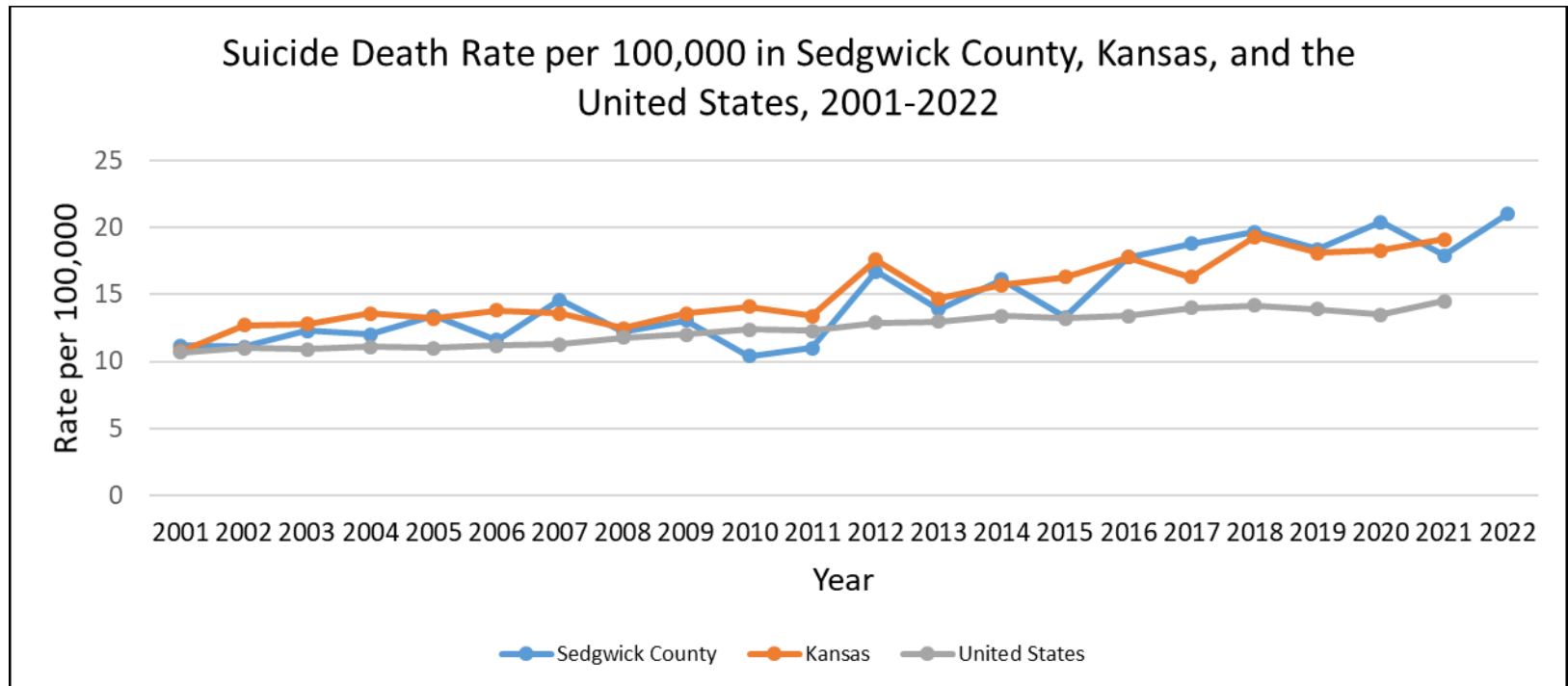
KU SCHOOL OF MEDICINE
WICHITA
The University of Kansas

2022 Suicide Rate

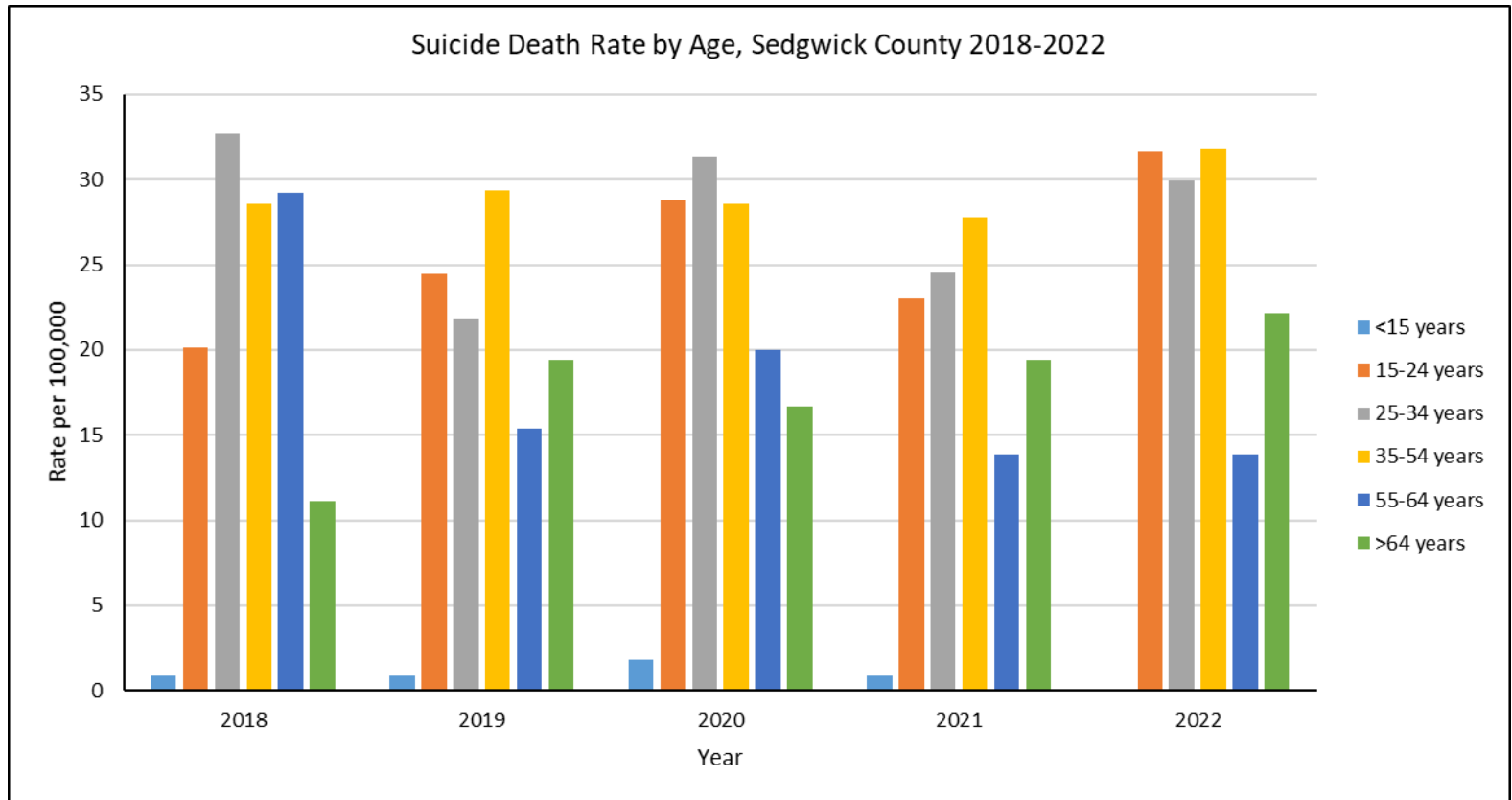
- 108 suicide deaths in Sedgwick County.
- 21 suicide deaths per 100,000 Sedgwick County residents.



Comparisons with State and National Rates



Suicide Rates per 100,000 by Age



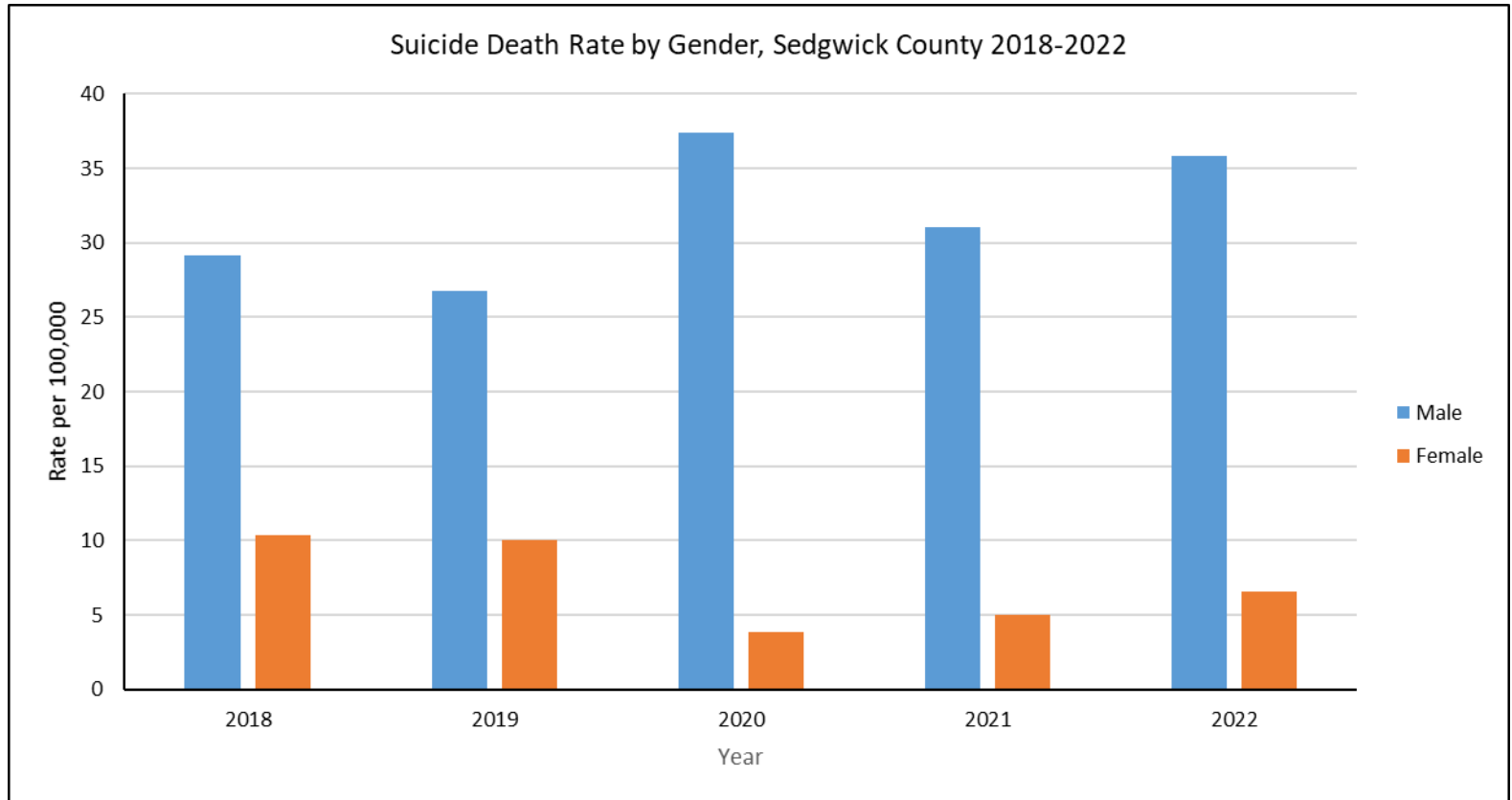
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Suicide Rates per 100,000 by Gender



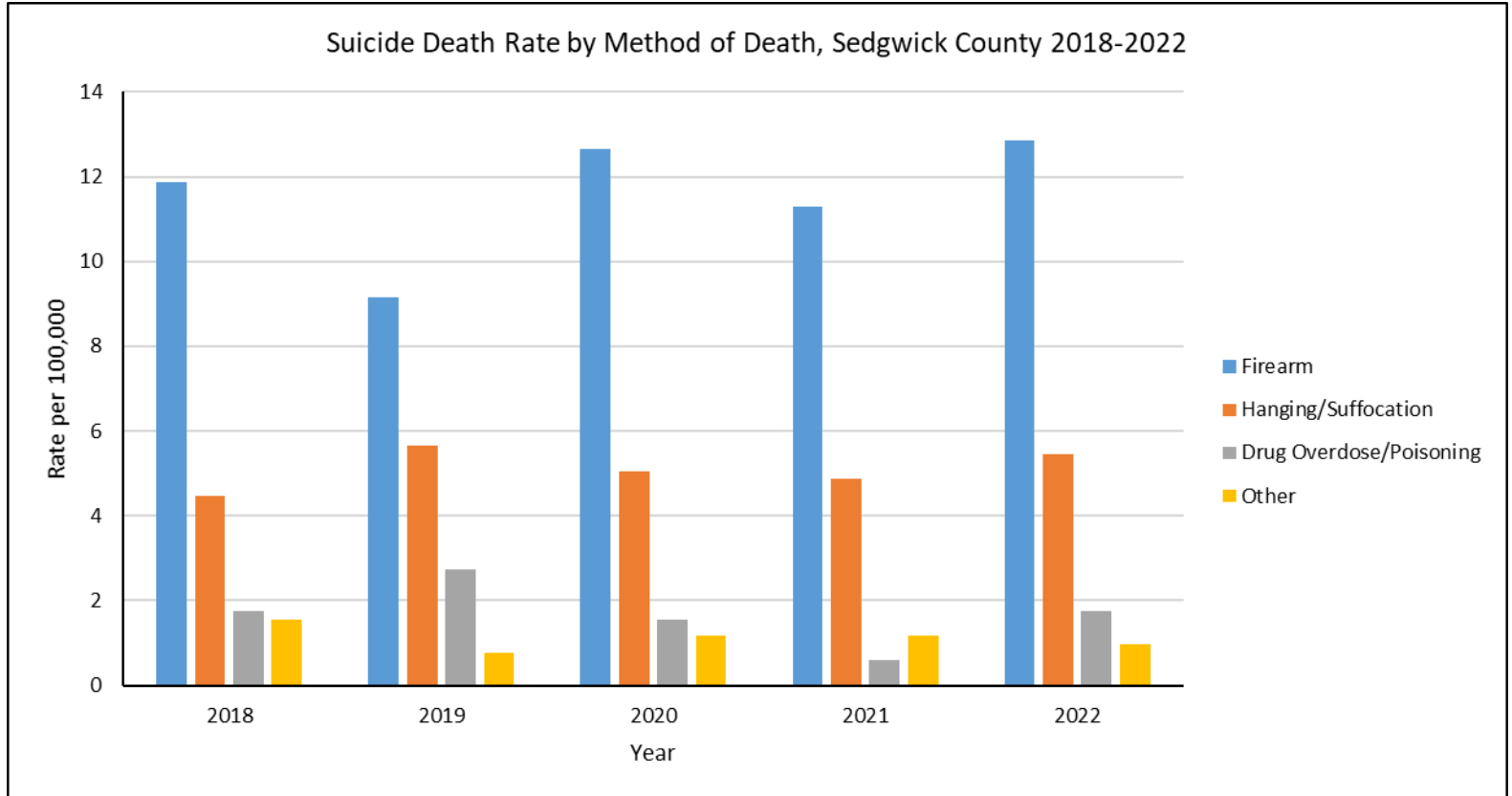
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Suicide Rates per 100,000 by Method



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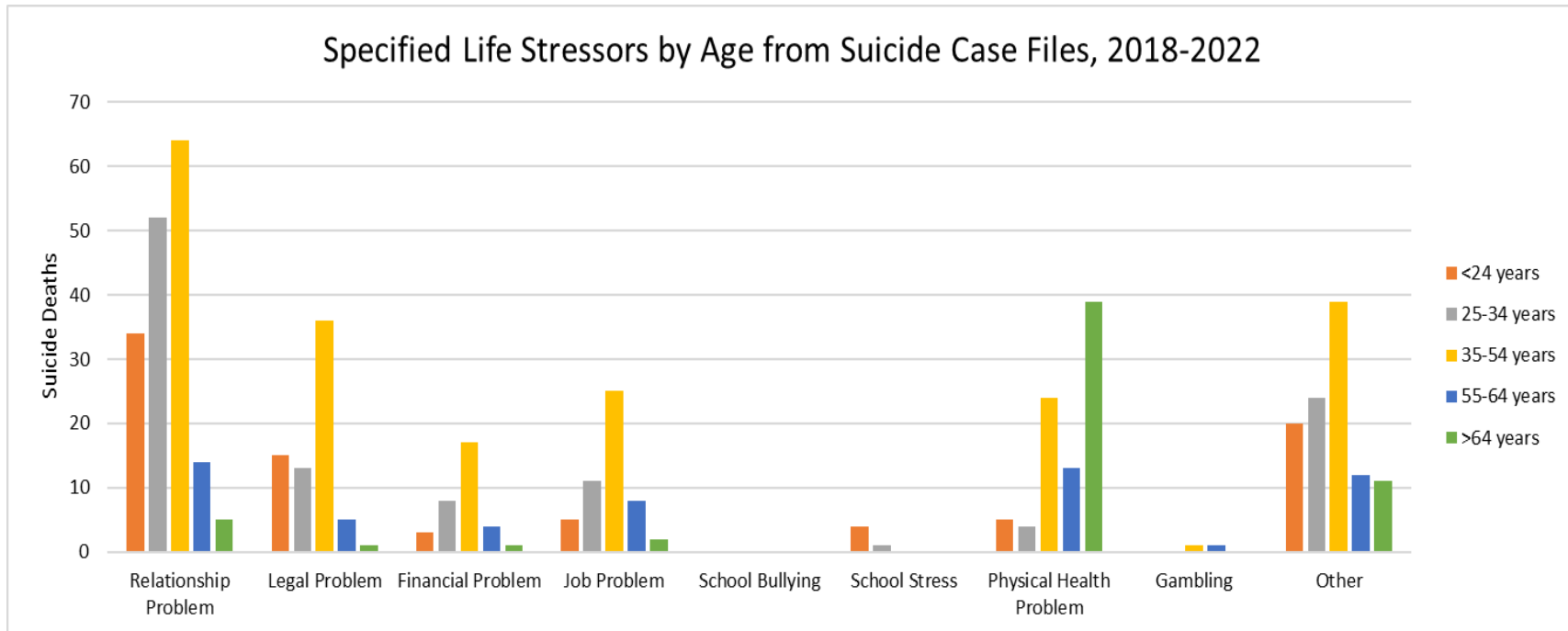
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Mental Health and Suicide History

- 49% of deaths had known history of mental illness
 - Depression was the most commonly noted mental illness
 - Anxiety was the second most common
- 44% of deaths had known history of suicidal ideations
- 17% of deaths had known history of previous suicide attempts
- 32% of deaths had known history of medical illness
- 46% of deaths had known history of substance misuse
 - Alcohol misuse was the most commonly noted substance
 - Illicit drug use was the second most common



Life Stressors by Age: 2018-2022



Local Suicide Prevention Efforts

- **Mental Health First Aid**
 - 29 classes taught in 2022 resulting in 468 people trained
- **Community presentations on mental health awareness and self care**
 - 26 classes reached over 350 community members
 - Expanding classes have reached over 1,000 community members in 2023
- **All Wichita police trained in evidence based suicide screening approach**
- **Suspenders4Hope Preventing Suicide Training program**
 - 2,046 people completed training in 2022
- **Stop Suicide ICT provided trainings in CALM and QPR as well as community outreach events**
- **Zero Reasons Why implemented in 17 schools in the Wichita metro area**
 - Trained 12 teen ambassadors in 2022, 32 teen ambassadors in 2023 so far
- **Mental Health Association and Mirror Inc received grants from KDHE to fully implement Zero Suicide practices**
- **Survivors of Suicide Loss Day provided support for over 30 loss survivors in the community**



A young woman with voluminous, curly, reddish-brown hair is shown from the chest up. She is looking upwards and to the right with a thoughtful expression, holding a black smartphone to her ear with her right hand. She is wearing a light yellow blazer over a blue t-shirt. The background consists of blue horizontal blinds on the left and a purple curtain on the right.

988

SUICIDE
& CRISIS
LIFELINE

The National
Suicide Prevention
Lifeline now
has an easier to
remember number.

**Dial 988 to be
connected to a
local Lifeline
Contact Center.**

Know the Signs

- **TALK:** No reason to live. Feeling trapped. Feeling like a burden to others. Unbearable pain. Talk of killing themselves.
- **BEHAVIOR:** Increased alcohol/drug use. Isolation from family and friends. Sleeping too little/too much. Withdrawing from activities. Seeking access to pills/weapons or other means.
- **MOOD:** Depression. Loss of interest. Rage. Irritability. Humiliation. Anxiety.

What can you do?

- Take it seriously, if someone mentions suicide.
- Talk openly and matter-of-factly about suicide.
- Be willing to listen. Allow expressions of feelings. Accept the feelings.
- Offer hope that help is available.
- Do not leave him or her alone.
- Get help immediately!



Get Involved

- Community Health Improvement Plan
 - Contact Kelsey Lipkea
Kelsey.Lipkea@sedgwick.gov
- Mental Health First Aid classes for youth and adults
 - Sept 15, Sept 29, Oct 10
 - Contact Danette Abernathy 660-7850
- <https://ichoosetotalk.org/>
- Suspenders4Hope Run/Walk September 30
 - <https://runsignup.com/Race/KS/Wichita/Suspenders4Hope5kand1Mile>
- Veteran Community Partnerships Drive Thru Resource Fair is set for Oct 6

